

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

## Assisted Living

								<b>1 Groundhog Day</b> <b>2</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Healthy Eating Tips (AR) <b>1:30 Trip to Ride The Ferris Wheel (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b> <small>Groundhog Day</small>	
<b>3 Super Bowl</b> <b>10:00 LDS Church Services (DR)</b> 10:30 Catholic Services (AR) 1:00 Exercise (AR) <b>2:00 Super Bowl Party (AR)</b> <b>5:00 Super Bowl Game (AR)</b>	<b>4</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 What's in the Bag? (AR) 2:00 Afternoon Social (AR) <b>2:30 Music – Lynda (DR)</b> 3:30 Berry Social (AR) <b>6:00 Bingo (AR)</b>	<b>5 Chinese New Year</b> 9:30 News & Views (AR) <b>10:00 Sit &amp; Dance w/Becky</b> <b>10:30 Resident Council (AR)</b> <b>11:30 Chinese Lunch (DR)</b> 1:30 Chinese New Year Facts <b>2:00 Fortune Cookie Social (AR)</b> <b>3:00 Music-Heart &amp; Soul (DR)</b> <b>6:00 Healthy Life Seminar (AR)</b> <small>Chinese New Year</small>	<b>6</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) <b>1:00 Smith's Shopping (BL)</b> <b>2:00 Scenic Drive (BL)</b> <b>3:00 Music – Larry Turner (DR)</b> 4:00 Ensign Reading (AR) <b>6:00 Bingo (AR)</b>	<b>7</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) <b>1:30 Dating Game (AR)</b> 2:00 Afternoon Social (AR) <b>2:30 Music- Sue (DR)</b> 3:30 Apple Cider Social (AR)	<b>8</b> 9:30 News & Views (AR) 10:00 Exercise (AR) <b>10:30 Blood Pressure Clinic (AR)</b> <b>2:00 Meet &amp; Greet With Jason (DR)</b> 3:30 Happy Hour (AR) <b>6:00 Bingo (AR)</b>	<b>9 National Pizza Day</b> 10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Afternoon Social-Pizza Facts <b>2:00 Music- Christopher (AR)</b> 3:00 Afternoon Cinema (AR)			
<b>10</b> <b>10:00 LDS Church Services (DR)</b> 10:30 Catholic Services (AR) 1:00 Exercise (AR) <b>1:30 Afternoon Social-Heart Door Decor Craft (AR)</b> 2:00 Afternoon Cinema (AR)	<b>11</b> 9:30 News & Views (AR) <b>10:00 Sit &amp; Dance w/Becky (AR)</b> 10:30 Brain Fitness (AR) 1:30 Ring Toss (AR) 2:00 Afternoon Social (AR) <b>2:30 Music- Wayne (DR)</b> 3:30 Valentine Cookie Decoration (AR) <b>6:00 Bingo (AR)</b>	<b>12</b> 9:30 News & Views (AR) 10:00 Exercise (AR) <b>10:30 Ask A Nurse-Nutrition (AR)</b> 1:30 Valentine's Bag (AR) 2:00 Afternoon Social (AR) <b>2:30 Music- Debbie Bowers (DR)</b> <b>3:30 Comfort Worx Craft (AR)</b> <b>6:00 Family Grief Support Group (AR)</b>	<b>13</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) <b>11:30 Lunch Bunch – Cracker Barrel (BL)</b> <b>2:00 Scenic Drive (BL)</b> <b>3:00 Music-Kevin Scott (DR)</b> 4:00 Ensign Reading <b>6:00 Bingo (AR)</b> <small>Valentine's Day</small>	<b>14 Valentine's Day</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Valentine's Cards (AR) 1:30 Kiss Cookie Baking (AR) 2:00 Afternoon Social (AR) <b>2:30 Valentine's Day Show With B.D Howes (DR)</b> <b>3:30 Wine &amp; Cheese (AR)</b> <small>Valentine's Day</small>	<b>15</b> 9:30 News & Views (AR) 10:00 Exercise (AR) <b>10:30 Canyon Creek Auction (AR)</b> <b>1:30 Trip to The Leonardo Museum (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b>	<b>16</b> 10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Afternoon Fruit Social (AR) <b>2:00 Music- Jennifer Bradshaw (AR)</b> 3:00 Afternoon Cinema (AR)			
<b>17</b> <b>10:00 LDS Church Services (DR)</b> 10:30 Catholic Services (AR) 1:00 Exercise (AR) 1:30 Afternoon Social (AR) 2:00 Afternoon Cinema (AR)	<b>18 President's Day</b> 9:30 News & Views (AR) 10:00 Exercise (AR) <b>10:30 Town Hall (AR)</b> 1:30 President Trivia (AR) 2:00 Afternoon Social (AR) <b>2:15 Music- Bob Short (DR)</b> 3:30 Table Games (AR) <b>6:00 Bingo (AR)</b> <small>Presidents' Day (US)</small>	<b>19</b> 9:30 News & Views (AR) <b>10:00 Sit &amp; Dance w/Becky (AR)</b> <b>10:30 Muffin Social (AR)</b> 1:30 Balloon Volleyball 2:00 Afternoon Social (AR) 2:30 Painting Class (AR) 3:30 Smoothie Mingle (AR) <b>7:00 Music- Mixed Nuts</b>	<b>20</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) <b>1:00 Smith's Shopping (BL)</b> <b>2:00 Scenic Drive (BL)</b> <b>3:00 National Honor Society (AR)</b> 4:00 Ensign Reading (AR) <b>6:00 Bingo (AR)</b>	<b>21</b> 9:30 News & Views (AR) 10:00 Exercise (AR) <b>10:30 Food Committee (AR)</b> 1:30 Book Club (AR) <b>2:00 New Resident Social (DR)</b> 3:30 On This Day (AR)	<b>22</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Adult Coloring (AR) <b>11:30 Pizza Party (AR)</b> <b>1:30 Butterfly Biosphere at Thanksgiving Point (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b>	<b>23</b> 10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Afternoon Veggie Social (AR) 2:00 Afternoon Cinema (AR)			
<b>24</b> <b>10:00 LDS Church Services (DR)</b> 10:30 Catholic Services (AR) 1:00 Exercise (AR) 1:30 Afternoon Social (AR) 2:00 Afternoon Cinema (AR) <b>6:00 Oscars Award Show (AR)</b>	<b>25</b> 9:30 News & Views (AR) <b>10:00 Sit &amp; Dance w/Becky (AR)</b> 10:30 Brain Fitness (AR) 1:30 Brain Games (AR) 2:00 Afternoon Social (AR) <b>2:30 Music- New Fiddlers (DR)</b> 3:30 Taste Test (AR) <b>6:00 Bingo (AR)</b>	<b>26</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Name The Tune (AR) 1:30 Wii Sports (AR) 2:00 Afternoon Social (AR) <b>2:30 Music- Jim Jensen (DR)</b> 3:30 Jokes & Cokes (AR) <b>6:00 Creative Writing (AR)</b>	<b>27</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) <b>1:00 Smith's Shopping (BL)</b> <b>2:00 Scenic Drive (BL)</b> 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) <b>6:00 Bingo (AR)</b>	<b>28</b> 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) <b>1:30 Homemade Ice Cream (AR)</b> 2:30 Kindness Rocks (AR) 3:30 The Price is Right (AR)	<b>Happy Birthday</b> 2/3 Janet Darr 2/8 Harry Grandy 2/13 Michelle Taylor 2/16 Gloria Davies 2/16 Sherry Harding 2/28 David Johnson 2/29 Marian Greenwood	<b>Activity Code</b> AR – Activity Room DR – Dining Room BL – Back Lobby			