

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Assisted Living

<p>January 2019</p> <p>Assisted Living</p>	<p>New Year's Day 1 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Resident Council (AR) 11:30 New Year's Lunch (DR) 1:30 Resolution Painting (AR) 2:00 Afternoon Social (AR) 2:30 Sandwiches For The Need (AR) 3:30 Faces & Places (AR) <small>New Year's Day</small></p>	<p>2 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) 1:00 Shopping at Smith's (BL) 2:00 Scenic Drive (BL) 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) 6:00 Bingo (AR)</p>	<p>3 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 The Price Is Right (AR) 2:00 Afternoon Social (AR) 3:15 Music – Bob Short (DR)</p>	<p>4 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 7 Dimensions Of Wellness (AR) 1:30 Out To The Movies (BL) 6:00 Bingo (AR)</p>	<p>5 10:00 Exercise (AR) 10:45 Scenic Drive (BL) 1:00 Pet Therapy (AR) 1:30 Veggie Social (AR) 2:00 Afternoon Cinema (AR)</p>
<p>6 10:00 LDS Church Services (DR) 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Afternoon Social (AR) 2:00 Afternoon Cinema (AR)</p>	<p>7 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 What's In The Bag? (AR) 2:00 Afternoon Social (AR) 2:30 Music – Lynda (DR) 3:30 Chip & Dip (AR) 6:00 Bingo (AR)</p>	<p>8 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Ask A Nurse (AR) 1:30 Balloon Volleyball (AR) 2:00 Afternoon Social (AR) 2:30 Winter Painting (AR) 3:30 Comfort Worx Craft (AR) 6:00 Grief Support Group (AR)</p>	<p>9 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) 11:30 Lunch Bunch – Black Bear Diner (BL) 2:00 Scenic Drive (BL) 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) 6:00 Bingo (AR)</p>	<p>10 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 Wii Sports (AR) 2:00 Afternoon Social (AR) 2:30 Music – B.D. Howes (DR) 3:30 Wine & Cheese (AR)</p>	<p>11 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Blood Pressure Clinic (AR) 1:30 Cooking Corner-Homemade Pizza (AR) 2:30 Afternoon Social (AR) 3:30 Healthy Living Seminar (AR) 6:00 Bingo (AR)</p>
<p>13 10:00 LDS Church Services (DR) 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Afternoon Social (AR) 2:00 Afternoon Cinema (AR)</p>	<p>14 9:30 News & Views (AR) 10:00 Sit & Dance w/Becky (AR) 10:30 Brain Fitness (AR) 1:30 Ring Toss (AR) 2:00 Afternoon Social (AR) 2:30 Music – Wayne (DR) 3:30 Peanut Butter Snack (AR) 6:00 Bingo (AR)</p>	<p>15 9:30 News & Views (AR) 10:00 Sit & Dance w/Becky (AR) 10:30 Food Committee (AR) 1:30 Balloon Volleyball (AR) 2:00 Afternoon Social (AR) 2:30 Music – Debbie Bowers (DR) 3:30 Happy Hour (AR) 7:00 The Mixed Nuts (DR)</p>	<p>16 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Sandy Glee Club (DR) 1:00 Shopping at Smith's (BL) 2:00 Scenic Drive (BL) 3:00 National Honor Society (AR) 4:00 Ensign Reading (AR) 6:00 Bingo (AR)</p>	<p>17 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 Wii Sports (AR) 2:00 Afternoon Social (AR) 2:30 Music – Larry Turner (DR) 3:30 On This Day (AR)</p>	<p>18 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Canyon Creek Auction (AR) 1:30 Trip To Cold Stone (BL) 6:00 Bingo (AR)</p>
<p>20 10:00 LDS Church Services (DR) 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Afternoon Social (AR) 2:00 Afternoon Cinema (AR)</p>	<p>Martin Luther King Day 21 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Town Hall (AR) 1:30 Fruit Pizza (AR) 2:00 Afternoon Social (AR) 2:30 Jamming To The Oldies (AR) 3:30 I Have A Dream (AR) 6:00 Bingo (AR) <small>Martin Luther King Day Tu B'Shevat</small></p>	<p>22 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Muffin & Coffee (AR) 1:30 Sock Snowman (AR) 2:00 Afternoon Social (AR) 2:30 Science Experiment (AR) 3:30 Candy Taste Test (AR) 6:00 Creative Writing (AR)</p>	<p>23 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) 1:00 Shopping at Smith's (BL) 2:00 Scenic Drive (BL) 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) 6:00 Bingo (AR)</p>	<p>24 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 Wii Sports (AR) 2:00 Afternoon Social (AR) 2:30 Music – Sherrie Walker (DR) 3:30 Cooking Corner – Coconut Truffles (AR)</p>	<p>25 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Adult Coloring (AR) 11:30 Pizza Party (AR) 1:30 Frosty Run (BL) 6:00 Bingo (AR)</p>
<p>27 10:00 LDS Church Services (DR) 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Afternoon Social (AR) 2:00 Afternoon Cinema (AR)</p>	<p>28 9:30 News & Views (AR) 10:00 Sit & Dance w/Becky (AR) 10:30 Brain Fitness (AR) 1:30 Winter Craft (AR) 2:00 Afternoon Social (AR) 2:30 Music – New Fiddlers (DR) 3:30 Fresh Fruit (AR) 6:00 Bingo (AR) <small>Australia Day (observed)</small></p>	<p>29 9:30 News & Views (AR) 10:00 Sit & Dance w/Becky (AR) 10:30 Donut On A String (AR) 1:30 Cooking Corner – Meringues (AR) 2:00 Afternoon Social (AR) 2:30 Music – Jim Jensen (DR) 3:30 6:00 Resident Spotlight</p>	<p>30 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Bible Study (AR) 1:00 Shopping at Smith's (BL) 2:00 Scenic Drive (BL) 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) 6:00 Bingo (AR)</p>	<p>31 9:30 News & Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 Winter Canvas Painting (AR) 2:00 Afternoon Social (AR) 2:30 Making Slime (AR) 3:30 Margarita Madness (AR)</p>	<p>Happy Birthday 1/1 Marlys Anderson 1/1 Floyd Jones 1/3 Cindy Sherman 1/6 Don Cloward 1/9 Jean Bruner 1/12 Gloria Mumford 1/18 Colleen Beveridge 1/20 Vicky Roth 1/23 Frank Shoemaker 1/30 Vivian Ruppert</p>