

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019

## Assisted Living

					<p><b>1</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Peanut Butter Protein Balls (AR) ✱ <b>1:30 Trip to Clark Planetarium (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>Dr. Seuss's Birthday 2</b></p> <p>10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Dr. Seuss Remembrance (AR) 2:00 Afternoon Cinema (AR)</p>
<p><b>3</b></p> <p><b>10:00 LDS Church Services (DR)</b> 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Afternoon Social (AR) 2:00 Afternoon Cinema (AR)</p>	<p><b>4</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) <b>1:30 Kelley's Birthday Party (AR)</b> 2:00 Afternoon Social (AR) <b>2:30 Music – Lynda (DR)</b> 3:30 Margarita Madness (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>5</b></p> <p><b>Mardi Gras</b></p> <p>9:30 News &amp; Views (AR) <b>10:00 Sit &amp; Dance w/Becky (AR)</b> <b>10:30 Resident Council (AR)</b> <b>11:30 Mardi Gras Lunch (DR)</b> 1:30 Mardi Gras Masks (AR) <b>2:00 Resident Spotlight (AR)</b> <b>2:30 Music – Sue Talmage (DR)</b> <b>3:30 King's Cake Social (AR)</b></p> <p><small>Mardi Gras</small></p>	<p><b>6</b></p> <p>9:30 News &amp; Views (AR) <b>9:45 Exercise With Daniel (AR)</b> 10:30 Bible Study (AR) <b>1:00 Shopping At Smith's (BL)</b> <b>2:00 Scenic Drive (BL)</b> 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) <b>6:00 Bingo (AR)</b></p> <p><small>Ash Wednesday</small></p>	<p><b>7</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 Book Club (AR) 2:00 Afternoon Social (AR) 2:30 I Love Lucy (AR) <b>3:30 Orange Slush Punch (AR)</b> ✱</p>	<p><b>8</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) <b>10:30 BP Clinic (AR)</b> <b>1:30 Trip to Cabela's (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>9</b></p> <p>10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Music History Game (AR) <b>2:00 Music – Christopher (AR)</b> 3:00 Afternoon Cinema (AR)</p>
<p><b>10</b></p> <p><b>10:00 LDS Church Services (DR)</b> 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Daylight Savings Facts 2:00 Afternoon Cinema (AR)</p> <p><small>Daylight Saving Time Begins</small></p>	<p><b>11</b></p> <p>9:30 News &amp; Views (AR) <b>10:00 Sit &amp; Dance w/Becky (AR)</b> 10:30 Brain Fitness (AR) 1:30 Shamrock Pretzel Pop (AR) 2:00 Afternoon Social (AR) <b>2:30 Music – Wayne (DR)</b> 3:30 Ice Cream Social (AR)</p>	<p><b>12</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) <b>10:30 Ask A Nurse (AR)</b> 1:30 Fruit Nachos (AR) ✱ <b>2:30 Music – Debbie (DR)</b> <b>3:30 Comfort Worx Craft (AR)</b> <b>6:00 Family Grief Support Group (AR)</b></p>	<p><b>13</b></p> <p>9:30 News &amp; Views (AR) <b>9:45 Exercise With Daniel (AR)</b> 10:30 Bible Study (AR) <b>11:30 Lunch Bunch – Red Robin (BL)</b> <b>2:00 Scenic Drive (BL)</b> 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>14</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 Pot of Gold Craft (AR) 2:00 Afternoon Social (AR) <b>2:30 Music – B.D. Howes (DR)</b> <b>3:30 Wine &amp; Cheese (AR)</b></p>	<p><b>15</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) <b>10:30 Canyon Creek Auction (AR)</b> <b>1:30 Scavenger Hunt (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>16</b></p> <p>10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Green Treat Social (AR) ✱ <b>2:00 Music – Jennifer Bradshaw (AR)</b> 3:00 Afternoon Cinema (AR)</p>
<p><b>St. Patrick's Day 17</b></p> <p><b>10:00 LDS Church Services (DR)</b> 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) <b>1:30 Shamrock Shakes (AR)</b> 2:00 Afternoon Cinema (AR)</p> <p><small>St. Patrick's Day</small></p>	<p><b>18</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) <b>10:30 Town Hall (AR)</b> 1:30 Legend – Frank Sinatra (AR) <b>2:15 Music – Bob Short (DR)</b> 3:30 Leprechaun Punch (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>19</b></p> <p>9:30 News &amp; Views (AR) <b>10:00 Sit &amp; Dance w/Becky (AR)</b> 10:30 Name That Tune (AR) <b>1:30 Men's Club – Battle of The Sexes (AR)</b> 2:00 Afternoon Social (AR) <b>2:30 Music – Lezlee (DR)</b> 3:30 Ants on a Log (AR) ✱ <b>7:00 The Mixed Nuts</b></p>	<p><b>First Day Of Spring 20</b></p> <p>9:30 News &amp; Views (AR) <b>9:45 Exercise With Daniel (AR)</b> 10:30 Bible Study (AR) <b>1:00 Shopping At Smith's (BL)</b> <b>2:00 Scenic Drive (BL)</b> <b>3:00 National Honor Society (AR)</b> 4:00 Ensign Reading (AR) <b>6:00 Bingo (AR)</b></p> <p><small>Spring Begins</small></p>	<p><b>21</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) <b>10:30 Food Committee (AR)</b> ✱ 1:30 Spring Painting (AR) 2:00 Afternoon Social (AR) <b>2:30 Music – Larry Turner (DR)</b> 3:30 On This Day (AR)</p> <p><small>Purim</small></p>	<p><b>22</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Adult Coloring (AR) <b>1:30 Trip to Krispy Kreme Donuts (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>23</b></p> <p>10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Guess the Song (AR) 2:00 Afternoon Cinema (AR)</p>
<p><b>10:00 LDS Church Services 24 (DR)</b> 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Chocolate Raisin Social (AR) ✱ 2:00 Afternoon Cinema (AR)</p>	<p><b>25</b></p> <p>9:30 News &amp; Views (AR) <b>10:00 Sit &amp; Dance w/Becky (AR)</b> 10:30 Brain Fitness (AR) 1:30 Craft Time! (AR) 2:00 Afternoon Social (AR) <b>2:30 Music – New Fiddlers (DR)</b> 3:30 Card Games (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>26</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Hand Massages (AR) 1:30 Price is Right (AR) 2:00 Afternoon Social (AR) <b>2:30 Music – Jim Jensen (DR)</b> 3:30 Hydration Track Bottle (AR) ✱ <b>6:00 Creative Writing (AR)</b></p>	<p><b>27</b></p> <p>9:30 News &amp; Views (AR) <b>9:45 Exercise With Daniel (AR)</b> 10:30 Bible Study (AR) <b>1:00 Shopping At Smith's (BL)</b> <b>2:00 Scenic Drive (BL)</b> 3:00 Mini Manicures (AR) 4:00 Ensign Reading (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>28</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Brain Fitness (AR) 1:30 Bird Feeder Craft (AR) 2:00 Afternoon Social (AR) <b>2:30 Music – Heart &amp; Soul (DR)</b> 3:30 Music Trivia (AR)</p>	<p><b>29</b></p> <p>9:30 News &amp; Views (AR) 10:00 Exercise (AR) 10:30 Adult Coloring (AR) <b>11:30 Pizza Party (AR)</b> <b>1:30 Trip to Park City (BL)</b> 4:00 Happy Hour (AR) <b>6:00 Bingo (AR)</b></p>	<p><b>30</b></p> <p>10:00 Exercise (AR) <b>10:45 Scenic Drive (BL)</b> <b>1:00 Pet Therapy (AR)</b> 1:30 Fruit Social (AR) ✱ 2:00 Afternoon Cinema (AR)</p>
<p><b>31</b></p> <p><b>10:00 LDS Church Services (DR)</b> 10:30 St. Thomas More Catholic Services (AR) 1:00 Exercise (AR) 1:30 Crown Coloring (AR) 2:00 Afternoon Cinema (AR)</p>	<p style="text-align: center;"><b>Happy Birthday!</b></p> <p style="text-align: center;">3/1 Richard Stoney    3/2 Billie Grandy    3/5 Barbara Peterson    3/12 William Lockhart    3/13 William Skinner 3/18 Neil Kay    3/20 John Ortez    3/21 Phillip Dykeman    3/23 Ruth Myers</p> <p style="text-align: center;"><b>Activity Code</b></p> <p style="text-align: center;">AR – Activity Room    DR – Dining Room    BL – Back Lobby    ✱ - 7 Dimension Wellness Nutrition Activity</p>					