

Chateau Brickyard

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Flower of the Month – Narcissus

Narcissus, more commonly known as the daffodil, is a beautiful flower that usually blooms in springtime. Its lovely, delicate-looking white petals and yellowish-orange center make it a gardening favorite. Most believe that its name comes from the Greek myth of Narcissus, a young man who was so taken by his own reflection in a pool of water that he fell in and drowned. In this story, a daffodil sprang up from the very spot where he had sat. Since the narcissus was often used for a medicine, others believe that the name is derived from the Greek word *narke*, which means “numbness.”

Although it may seem odd that the winter month of December has a spring bloomer for its flower, it makes a lot of sense when you consider that the daffodil symbolizes rebirth—in this case, the “birth” of the new year. The Chinese believe that if you succeed in forcing a narcissus to bloom on New Year’s Day, you have secured good fortune for the whole year.



Outings

Sign up in the book located at the front desk for meals out, shopping, and these exciting outings!

Festival of trees Saturday, December 1 at 9:30 am

Let’s go to the movies! - Cinemark 10 Monday, December 3 at 9:30 am

Wendover trip: Rainbow casino Friday, December 7 at 8:15 am

Chateau choir at Golden living Monday, December 10 at 10:30 am

Chateau choir at Mt. Olympus rehab Saturday, December 15 at 1:00 pm

Chateau choir at Primary children’s hospital Monday, December 17 at 12:15 pm

Downtown & Christmas street lights Tuesday, December 18 at 5:45 pm

Let’s feed the homeless at the Road home Wednesday, December 19 at

Our beautiful flower arrangements are provided by



We Are a Pet Friendly Community!



December Events

Open mic comedy hour

Wednesday, December 5

1:00 pm

Holiday ugly sweater happy hour

Friday, December 14

10:30 am

Chateau Brickyard beauty pageant

Friday, December 14

6:30 pm

Christmas Dinner

Friday, December 21

4:30-6:00 pm

*Pictures with Santa 4:00-5:00 pm

Lunch Bunch
December 21 Sizzlers
December 28 Guadalhonkys



Around the World

How do you say *December* in different languages?

- Italian – Dicembre
- Spanish – Diciembre
- Portuguese – Dezembro
- German – Dezember
- French – Décembre
- Danish, Norwegian, Swedish, Flemish, Dutch, and English – December



What’s Lucky in December?

Lucky Colors: Blue and Green
 Lucky Days: Tuesday and Saturday
 Lucky Numbers: 2 and 8
 Lucky Letters: D and R
 Lucky Animal: Reindeer

Management Staff
Executive Director
 Willow Greer
Community Outreach
 Hope Jenkinson
Activities Director
 Gigi Gazani
Building services manager
 Derek Green
Dining services manager
 Hector Flores
Business Office Manager
 Issac Lewis



Now at Chateau!
 Celebrate your special occasion with us. The Chateau will help you host a great party!

- Birthdays
- Special occasions
- Club meetings, etc.

We will provide a place and the supplies for your celebration!
 Contact our Activities Director!



Making An Impact

Did you know that Blue Harbor communities are home to more than 2,000 residents and employ nearly 1,500 employees? Our communities are open and operating 24 hours a day, seven days a week, 365 days a year. In any given year, we share more than 2 million meals together, celebrate thousands of birthdays, host hundreds of events, and create countless memories. To make that all possible, we use a lot of natural resources.

To offset our use of natural resources, we have taken a number of steps aimed at creating a more sustainable future. Here are just a few of the initiatives we have taken on in the last few years:

- Last year, we performed a successful LED light retrofit at a pilot community in California that reduced our common area lighting consumption by 65%, while providing brighter lighting for residents and employees. This initiative also reduced the time and expense spent replacing lightbulbs allowing us to focus more on our residents. Following this pilot, we started rolling this program out to all communities and plan to be finished very soon.
- We have installed more than 400 occupancy sensors that automatically turn off lights in common areas, offices, and storage areas when not in use.
- Over 75% of our resident rooms already have LED lights and we are committed to retrofitting 100% of our rooms in the coming year.
- We are replacing inefficient toilets, aerators, and showerheads across our communities. To date, we have installed 1,500 high-efficiency water fixtures and 2,500 aerators.
- To divert our waste stream away from landfills, we have increased recycling programs at our communities.
- Our communities have been using green certified housekeeping products, flooring, and paints since 2012.

We believe it's our responsibility to do what we can to make a positive impact on our environment. At the end of the day, our primary goal is to create comfortable, engaging living environments that promote wellness for our residents and work environments that allow our employees to learn, grow, and thrive. If we can reduce our impact on the environment at the same time, that's even better. Thank you for joining us in this effort.

Upcoming Musical Performances

12/1 The dance company at 3:30 pm
12/7 Mixed nuts at 6:15 pm
12/8 Kids piano recital at 10:30 am
12/17 Kevin Scott at 1:00 pm
12/19 Bob Shorten at 1:00 pm



Creekside Home Health & Hospice is here to provide personalized, high-quality care to those in need. We provide professionally skilled nurses, therapists, and aides, and work with your doctor to create a tailored care plan to meet your specific health needs. In addition to exceptional clinical care in the home, we provide custom packaged, home-delivery options for your pharmaceutical needs through our affiliation with Amphex Pharmacy. Our office is on the main floor, and our friendly CNA will be happy to help answer your questions or get you on our services. She is available 9am-5pm, Mon-Fri.

December Full Moon

Known as the cold moon, the long night moon, or the wolf moon, for Native Americans it was a symbol of coming full circle. As we reach the end of the year and look forward to the beginning of a new year, take some time this month to reflect and appreciate the past year. What are your hopes for the coming year?

December Activities

Every Friday at 2:00 pm

Nintendo bowling

Every Tuesday at 1:00 pm

Manicures with Vicki

Every Tuesday at 2:30 pm

Bingo prizes!

Every Wednesday (except 1st Wednesday)

at 3:00 pm

Craft class

Come and make beautiful and easy projects!

Every Saturday at 11:00 am

Nintendo Wii golf

Monday-Saturday (times vary)

Group exercise, sit and stretch, strength training, moving to music, chair volleyball, theraband exercises

Check your Activities calendar for details!

Every Wednesday (No specific time)

N.P. Kurtis Hinderman Visits Check at the front

desk for more information. Ask Vicki from Creekside when does Dr. Lewis and other health providers come in!

Every Saturday at 2:15 pm

New-release movie at our Theater Room.

Tuesday, December 4th 11:00 – 2:00 pm

Christmas boutique

Monday, December 10th, at 3:30 pm

Ladies Club! (Living Room)

Wednesday, December 12th at 3:30 pm

Man Cave! (Activity Room)

Tuesday, December 11th, at 1:30 pm

Tai-chi class w/Gwen

Thursday, December 13th 3:00-4:00 pm

Daughters of Utah pioneer meeting

Friday, December 28th 1:30 pm

Resident council

Friday, December 28th 6:30-8:30 pm

Genealogy class w/ missionaries

December Birthdays

December 5 Bernie L.

December 14 Millie M.

December 31 Marilyn W.



We Appreciate Referrals
The highest honor you can bestow on us is referring someone you care about. We are committed to providing service that is worthy of referral. Your referrals are the heart of our business. Please direct all referrals to our Community Outreach Director.



"Like" Our Facebook Page at Chateau Brickyard Senior Living and stay updated of all the fun our residents have!
If you would like your family to receive our newsletter and be informed of our upcoming events, activities and more, please fill out our new contact information form! Get your forms at the front desk!