



Outings

Sign up in the book located at the front desk for meals out, shopping, and these exciting outings!

Crazy Daisy expo at Mountain America Expo

Saturday, March 2 at 1:00 pm

Let's go to the movies! - Cinemark 10

Monday, March 4 at 10:00 am

Deseret Industries shopping

Friday, March 8 at 2:00 pm

Golfing at Top Golf

Monday, March 18 at 9:00 am

Great Salt Lake woodcarvers show

Friday, March 22 at 1:00 pm

Wendover trip- Rainbow Casino

Monday, March 25 at 9:15 am

Burlington shopping

Friday, March 29 at 1:00 pm

Birth of the month: American Robin



When American colonists arrived in Jamestown and Plymouth, they saw familiar-looking orange-breasted birds, known to them as robins.

The American songbird is actually a different species from the European robin, but the name stuck. Robins are one of the most widespread and common birds in

North America. They are migratory but will overwinter in place if they have a reliable food source. In

colder weather, they forage for nuts and berries. When the ground is thawed, robins start digging for worms. This is how robins became a symbol of

springtime. They also start to sing in the early spring to attract a mate. Robins fashion rudimentary

nests from mud, grass, and sticks. Their reproductive process is so efficient that they just need temporary housing. After mating, female robins quickly lay four

beautiful blue eggs that incubate for just under two weeks. After hatching, baby robins grow rapidly

and abandon the nest. Then the nesting cycle begins again.

Our beautiful flower arrangements are provided by



March events

Mardi Gras Party

Tuesday, March 5
3:30 pm

St. Patrick's Day Happy Hour

Friday, March 15
3:00 pm

Did You Know?

The vernal equinox does not fall on the same day each year because Earth does not revolve around the sun in exactly 365 days.



Chateau Brickyard

3080 S 1300 E Salt Lake City UT 84106 Ph: (801) 466-9999 Fax: (801) 466- 7650

Lunch Bunch

March 8 Guadalahonkys
March 11 Sizzlers
March 29 Porcupine pub and grill

Special Days

Mardi Gras

March 5

Ash Wednesday

March 6

Daylight Saving Time Begins

March 10

St. Patrick's Day

March 17

Spring Begins in the Northern Hemisphere

12:15 p.m. EDT

March 20

Purim

March 21

What's Lucky in March?

Lucky Numbers: 3 and 7

Lucky Letters: M and C

Lucky Plant: Shamrock

Lucky Colors: Green and Yellow

Lucky Days: Monday and Friday



Management Staff

Executive Director

Willow Greer

Activities Director

Gigi Gazani

Dining services manager

Hector Flores

Building Services Director

Eric Nielsen

Business Office Manager

Sandra Applegate

March's Full Moon

The full moon of March is known by a few names. Some Native American tribes call it the worm moon because, as the temperature warms and the ground begins to thaw, earthworms appear, which brings the return of the robins.

Others call it the full crow moon because the cawing of crows signals the end of winter. The story of Adam and Eve.

Now at Chateau!

Celebrate your special occasion with us.

The Chateau will help you host a great party!

• Birthdays

• Special occasions

• Club meetings, etc.

We will provide a place and the supplies for your celebration! Contact our Activities Director

Making An Impact

Did you know that Blue Harbor communities are home to more than 2,000 residents and employ nearly 1,500 employees? Our communities are open and operating 24 hours a day, seven days a week, 365 days a year. In any given year, we share more than 2 million meals together, celebrate thousands of birthdays, host hundreds of events, and create countless memories. To make that all possible, we use a lot of natural resources.

To offset our use of natural resources, we have taken a number of steps aimed at creating a more sustainable future. Here are just a few of the initiatives we have taken on in the last few years:

- Last year, we performed a successful LED light retrofit at a pilot community in California that reduced our common area lighting consumption by 65%, while providing brighter lighting for residents and employees. This initiative also reduced the time and expense spent replacing lightbulbs allowing us to focus more on our residents. Following this pilot, we started rolling this program out to all communities and plan to be finished very soon.

- We have installed more than 400 occupancy sensors that automatically turn off lights in common areas, offices, and storage areas when not in use.

- Over 75% of our resident rooms already have LED lights and we are committed to retrofitting 100% of our rooms in the coming year.

- We are replacing inefficient toilets, aerators, and showerheads across our communities. To date, we have installed 1,500 high-efficiency water fixtures and 2,500 aerators.

- To divert our waste stream away from landfills, we have increased recycling programs at our communities.

- Our communities have been using green certified housekeeping products, flooring, and paints since 2012.

We believe it's our responsibility to do what we can to make a positive impact on our environment. At the end of the day, our primary goal is to create comfortable, engaging living environments that promote wellness for our residents and work environments that allow our employees to learn, grow, and thrive. If we can reduce our impact on the environment at the same time, that's even better. Thank you for joining us in this effort.

Musical Performances

03/06 Group therapy
 03/11 Heart and soul: CY Schmidt band
 03/14 Act three singing
 03/18 One wagon three wheels
 St. Patrick's Day: Pennyland band



Creekside Home Health & Hospice is here to provide personalized, high-quality care to those in need. We provide professionally skilled nurses, therapists, and aides, and work with your doctor to create a tailored care plan to meet your specific health needs. In addition to exceptional clinical care in the home, we provide custom packaged, home-delivery options for your pharmaceutical needs through our affiliation with Amphex Pharmacy. Our office is on the main floor, and our friendly CNA will be happy to help answer your questions or get you on our services. She is available 9am-5pm, Mon-Fri.

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March Activities

Every Friday at 2:00 pm
 Nintendo bowling
Every Tuesday at 1:00 pm
 Manicures with Vicki
Every Tuesday at 2:30 pm
 Bingo prizes!
Every Wednesday (except 1st Wednesday)
 at 3:00 pm
 Craft class
 Come and make beautiful and easy projects!
Every Saturday at 11:00 am
 Nintendo Wii golf
Monday-Saturday (times vary)
 Group exercise, sit and stretch, strenght training, moving to music, chair volleyball, theraband exercises
 Check your Activities calendar for details!
Every Wednesday (No specific time)
 N.P. Kurtis Hinderman Visits Check at the front desk for more information. Ask Vicki from Creekside when does Dr. Lewis and other health providers come in!
Every first Friday at 1:00 pm
 Ballroom class with Don!
Every Saturday at 2:15 pm
 New-release movie at our Theater Room.
Wednesday, March 6, at 3:30 pm
 Man Cave! (Activity Room)
Monday, March 11, at 3:30 pm
 Ladies Club! (Living Room)
Tuesday, March 12, at 1:30 pm
 Tai-chi class w/Gwen
Wednesday, March 13, 3:00-4:00 pm
 Daughters of Utah pioneer meeting
Tuesday, March 19, at 1:15 pm
 Yoga class w/ Lauren
Wednesday, March 27, at 2:00 pm
 Resident council

March Birthdays

March 4 Betty M.
 March 11 Richard R.
 March 15 Margaret E.
 March 19 Ken I.
 March 22 Kathy S.



We Appreciate Referrals

The highest honor you can bestow on us is referring someone you care about. We are committed to providing service that is worthy of referral. Your referrals are the heart of our business. Please direct all referrals to our Community Outreach Director.



"Like" Our Facebook Page at Chateau Brickyard Senior Living and stay updated of all the fun our residents have!

If you would like your family to receive our newsletter and be informed of our upcoming events, activities and more, please fill out our new contact information form! Get your forms at the front desk!