



chateaubrickyard

3080 S 1300 E • Salt Lake City, UT 84106 • (801) 466-9999

September 2018



Wear White for World Peace

Forget about the "no white after Labor Day" fashion rule and consider dressing all in white on Sept. 21, the International Day of Peace. A longtime symbol of peace, the color white is an easy way to show your support for this worldwide event, which started in 1981.

Soothe Your Skin

If you have windburn from an autumn walk outdoors, apply a bit of petroleum jelly to relieve the chapped skin.



Meal Outings:
Lunch Bunch: (11:00 a.m.)
September 10 Red Lobster
September 21 Red Robin
September 28 Texas Roadhouse

Grandparents Day Senior Prom: Hollywood Stars
Monday, September 10
1:00 pm

Join us to celebrate our senior citizens at our first Prom dance! The theme is Hollywood Stars! Everyone become stars today! Dress fancy, get ready to walk the red carpet, and for lots of dancing!
Prize for best dressed couple!

Oktoberfest
Wednesday, September 26
11:30 am-1:00 pm

Invite your family and friends for an awesome time!
Live German entertainment, German beer, and lots of fun!

Management Staff
Executive Director
Willow Greer
Community Outreach Director
Hope Jenkinson
Activities Director
Gigi Gazani
Business Office Manager
Kaley Gill
Building Services Manager
Derek Green
Dining Services Manager
Hector Flores



Now at Chateau!
Celebrate your special occasion with us. The Chateau will help you host a great party!!!
• Birthdays and Anniversaries
• Special Occasions
• Club Meetings, etc.
We will provide a place and the supplies for your celebration!

Flu Shot Tip

Before you get a flu shot this season, you may want to watch a comedy or listen to your favorite music. In a study of older adults, researchers found that being in a good mood when getting the vaccine boosted its protection against the illness months later.





Trivia Whiz

A Bunch of Grape Facts

Plump and portable, grapes are a healthy grab-and-go snack and a favorite ingredient in jams, jellies and beverages.

Grapes date back to at least 6000 B.C. in the region near the Caspian Sea.

Wild grapes were a part of Native American diets. European settlers introduced cultivated varieties to America in the 1600s.

Botanically classified as a berry, the round fruit comes in a range of colors, including red, green, black, purple, blue, pink and yellow.

Grapes grow on vines in large clusters. On average, there are 75 to 100 grapes in a bunch.

More than 72 million tons of grapes are produced each year worldwide.

Viticulture is the scientific study of grapes.

September Birthdays

- 9th David Solomon
 - 10th Stephen Murphy
 - 10th John Gatchell
 - 13th Mark Sloan
 - 13th Aldine Allen
 - 13th Ken Pendington
 - 16th Joe Sanchez
 - 26th Victor Miller
 - 30th Russ Thompson
- Did we forget your birthday?
Please let Gigi know!

Please join us in the dining room Friday, September 7th at noon to sing Happy Birthday and eat cake provided by Creekside Home Health!



Musical Performances

- **Mixed nuts** Friday, September 7th, 6:15 pm
- **Heart and soul: Schmidt Band** Monday, September 10th, 10:30 am
- **Jake and Bill** Thursday, September 13th, 1:00 pm
- **Lezlee Monroe** Monday, September 17th, 1:00 pm

Cleaning Days

Dear residents, housekeepers will be collecting kitchen utensils, plates and cups every week on the days that you are scheduled to have your room cleaned. Please have them out on the counter for easy pickup. Thank you!



Chateau's Corner

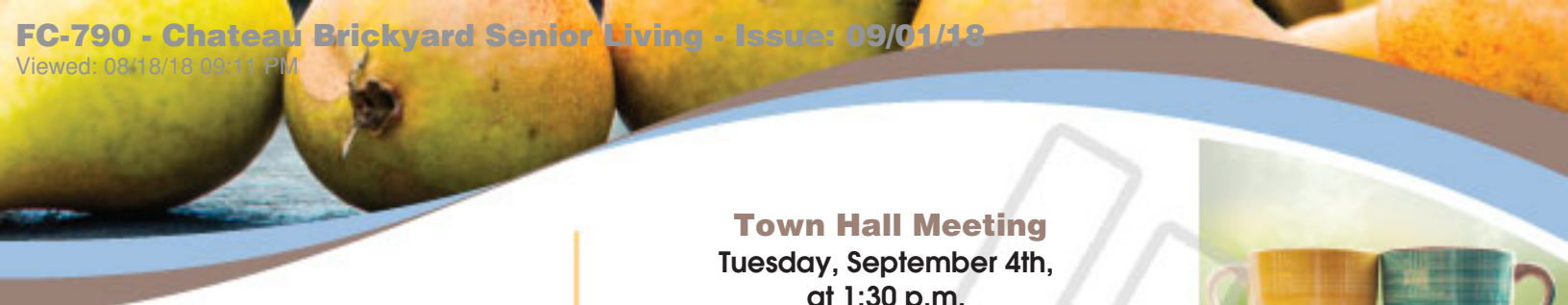
Please call (801) 201-1471 after hours if you need help and a receptionist is not available.

Active Residents Club

Do you participate in activities but would like to do more for our community? Help is needed in our gardens, library, XOXO hats for strength, and outside community volunteering! Please let Gigi know if you would like to join this club!

Transportation Hours

Doctor Appointment Days:
Tuesdays, Wednesdays, Thursdays
8:00 am-3:30 pm (last pick up)
Please do not schedule appointments before 8:30 am due to driving time to get to appointment.



Info:

We Appreciate Referrals

The highest honor you can bestow on us is referring someone you care about. We are committed to providing service that is worthy of referral. Your referrals are the heart of our business. Please direct all referrals to our Community Outreach Director.

Find us on 

“Like” Our Facebook Page at **Chateau Brickyard Senior Living** and stay updated of all the fun our residents have!

If you would like your family to be informed of our upcoming events, activities and more, please fill out our new contact information form! Get your forms at the front desk!



Town Hall Meeting Tuesday, September 4th, at 1:30 p.m.

Monthly meeting with Executive Director in the Alcove room.

Chair Yoga Tuesday, September 5th and 19th 1:15 pm

Welcome our new yoga instructor and enjoy this beneficial class!

Resident Council Meeting Friday, September 28th, 2018 1:30-2:30 pm

in the Theater Room

Medicare Informational Event Monday, September 24 2:00-4:00 pm

The Hearing Department Presentation Wednesday, September 26 1:00 pm

Bingo With Utah Jazz Bear!

Come and play bingo, earn Jazz prizes, and take pictures with the bear! Check your calendar for details!



Creekside Home Health & Hospice is here to provide personalized, high-quality care to those in need. We provide professionally skilled nurses, therapists, and aides, and work with your doctor to create a tailored care plan to meet your specific health needs.

In addition to exceptional clinical care in the home, we provide custom packaged, home-delivery options for your pharmaceutical needs through our affiliation with Amphex Pharmacy.

Our office is on the main floor, and our friendly CNA will be happy to help answer your questions or get you on our services. She is available 9am-5pm, Mon-Fri.

September Events: Every Monday at 2:00 p.m. Nintendo Wii Bowling

Enjoy some virtual bowling w/friends.

Every Tuesday at 1:00 p.m. Manicures with Vicki!

Come and get pampered as you deserve it!

Every Tuesday at 2:30 pm BINGO PRIZES!

Every Wednesday at 3:00 p.m. Craft Class!

Join us for our weekly craft class! Come and make a beautiful and easy project!

Every Saturday at 11:00 a.m. Nintendo Wii Golf

Enjoy virtual golf w/friends.

Monday-Saturday (Times Vary) Group Exercise, Sit and Stretch, Strength Training, Chair Yoga, Moving to Music, Chair Volleyball, Theraband.

Check your calendar for more details!

Every Wednesday (No specific time) N.P Curtis Visits

Check at the front desk for more information.

Every Saturday at 2:15 pm

New-release movie at our Theater Room.

Wednesday, September 5th, at 3:30 pm

Man Cave! (Activity Room)

Friday, September 14th, at 3:30 pm

Ladies' Club! (Living Room)

Tuesday, September 11th, 1:30 pm

Tai Chi Class- living room

Tuesday, September 18th, 1:30-2:30 pm

Wheelchair and walkers free fixing w/MedSource.

Outings



Sign up in the book located at the front desk for meals out, shopping, and these exciting outings:

- **Let's go to the movies!** Saturday, September 1st, at 9:30 am
- **Wendover trip: Rainbow casino** Monday, September 17th, at 8:30 am
- **Clark Planetarium** Monday, September 7th, at 1:30 pm
- **Utah State Fair!** Friday, September 14th, 10:00 am
- **Overnight trip: Lava hot springs- Idaho** Monday 24-Tuesday 25, 3:00 pm

Sign up for all outings beneath the activities calendar at the front desk.

**** Would you like to earn paid admissions for musicals, movies, sports games, museums, and more?**

Chateau now rewards you for coming to all activities!

See your Activities Director for more details!**

Volunteer at Chateau Brickyard. We are looking for volunteers to run various programs here at the Chateau. We are flexible with scheduling and would love to have anyone interested. Contact our Activities Director at (801) 466-9999

"This Month In History"

SEPTEMBER

1902: Considered the first sci-fi movie, "A Trip to the Moon" is a sensation when it's first shown in Paris. French filmmaker Georges Melies pioneered the genre with his 14-minute silent feature.

1919: The American Legion is established by Congress as a patriotic veterans organization.

1921: In Atlantic City, N.J., 16-year-old Margaret Gorman is crowned the first Miss America.

1930: Newspaper readers are introduced to the characters Blondie and Dagwood when the comic strip "Blondie" debuts.

1957: The Brooklyn Dodgers play their last game at Ebbets Field, and the New York Giants play for the last time at the Polo Grounds. Both MLB teams moved to California.

1964: "Fiddler on the Roof" opens on Broadway. The classic musical would go on to win nine Tony Awards.

1970: "Monday Night Football" premieres. The first game broadcast had the Cleveland Browns hosting the New York Jets.

1981: Sandra Day O'Connor becomes the first female U.S. Supreme Court justice.

1995: Dozens of music legends help celebrate the opening of the new Rock & Roll Hall of Fame in Cleveland.

2009: After 57 years, the daytime soap opera "Guiding Light" airs its final episode. It was the longest-running TV drama in American history.

2016: Watch your step! A giant fossilized dinosaur footprint, believed to be 130 million years old, is discovered on a beach in Australia.