



Outings
Sign up in the book located at the front desk for meals out, shopping, and these exciting outings!

- Let's go to the movies** Monday, September 9 at 9:30 am
- Utah State fair** Thursday, September 12 at 1:00 pm
- Picnic and fishing trip to Rockport State Park** Monday, September 16 at 1:00 pm
- Walk to end Alzheimer's** Saturday, September 28 at 9:30 am
- Wendover Rainbow Casino** Monday, September 30 at 9:15 am

Birthstone: Sapphire



Sapphire is one of the two gem-varieties of corundum, the other being ruby (defined as corundum in a shade of red). Although blue is the best-known sapphire color, they occur in other colors, including gray and black, and they can be colorless. A pinkish orange variety of sapphire is called padparadscha

Chateau Brickyard

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Lunch Bunch
Friday 20 Chuck-A-Rama
Friday 27 Ichiban Sushi

Management Staff

- Executive Director**
Emily Howarth
- Activities Director**
Gigi Gazani
- Dining Services Director**
Hector Flores
- Building Services Director**
Eric Nielsen
- Housekeeping Supervisor**
Molly Mitchell
- Business Office Manager**
Jarom Burgess

September Events

First Responder Luncheon

Wednesday, September 11

11:30 am-1:00 pm

Lip Sync Battle to end Alzheimer's

Friday, September 13

3:00 pm

80's Rock and Roll Party!

Wednesday, September 18

11:30-1:00 pm

Oktoberfest Happy Hour!

Monday, September 23

Lunch: 11:30 am-1:00 pm

Entertainment: 12:00-1:00 pm



Special Days

- Labor Day Sep.2
- Grandparents day Sep. 8
- National day of service and remembrance Sep. 11
- Hispanic heritage month begins Sep. 15
- Oktoberfest begins Sep, 21
- Rosh Hashanah begins at sundown Sep. 29



What's lucky in September?

- Lucky color: Gold
- Lucky day: Thursday
- Lucky number: 4
- Lucky letter: A

September Moon Phases

- First quarter: Sep. 6
- Full harvest moon: Sep. 14
- Last quarter: Sep. 22
- New moon: Sep. 28
- The harvest moon is the full moon closest to the autumnal equinox



*"As summer into autumn slips
And yet we sooner say
'the summer' than 'the autumn'
Lest we turn the sun away"
-Emily Dickinson*



**Wheelchairs and walkers
Spring cleaning!
Friday
September 20
1:00 pm**

September Zodiacs

**Virgo (The virgin)
September 1-22**

**Libra (The scales)
September 23-30**

Good People Getting Scammed - #4

Dear Residents,
 We hope you have found the three previous **Good People Getting Scammed** newsletter articles beneficial and informative. Our goal, as always, is to keep you free of financial and emotional harm. Since June we have covered:

- IRS Impersonation Scams
- Unsolicited Calls and Robocalls
- Sweepstake Scams & Jamaican Lottery Scams

We have learned that:

- The IRS will never call a taxpayer to demand payment with first sending a bill.
- Never to give out personal information in response to an incoming call.
- It is unlikely you have won the lottery or sweepstakes if you have not entered.
- Saying "NO" and hanging up are good practices!

This month we are learning about "Can you Hear Me?" Scams. In early 2017 consumers began reporting receiving calls in which the caller would simply ask "Are you there?" or "Can you hear me?" in order to prompt the recipient to say "yes." After responding "yes" consumers would often report that the call would immediately drop or get disconnected. As a result, the immediate concern was that the scammers would record the consumer's voice and thus obtain a voice signature and use the recording to authorize unwanted charges on items like utility bills, phone bills, or even stolen credit cards. The Federal Trade Commission has published the following advice for consumers who get a call from someone they don't recognize asking, "Can you hear me?":

- Don't respond, just hang up. If you get a call, don't press 1 to speak to a live operator or any other number to be removed from the list. If you respond in anyway, it will probably lead to more Robocalls and they are likely to be scams.
- Contact your phone provider. Ask your phone provider what services it provides to block unwanted calls.
- Put your phone number on the Do Not Call registry. Access the registry online or by calling 1-888-382-1222. Callers who don't respect the Do Not Call rules are more likely to be crooks.
- File a complaint with the FTC. Report the experience online or call 1-877-382-4357.

September Birthdays

- September 09 Donna Sh.
- September 09 David S.
- September 11 Donna Sa.
- September 13 Ken P.
- September 13 Mark S.
- September 17 Woody V.
- September 19 Patricia B.
- September 26 Victor M.



Musical Performances

- 09/06 Gorgeous Gourds
 - 09/09 Heart & soul: CY Schmidt band
 - 09/16 One wagon three wheels
 - 09/20 The mixed nuts
 - 09/23 The Chardon polka band
- **All performances are held in the living room*



Creekside Home Health & Hospice is here to provide personalized, high-quality care to those in need. We provide professionally skilled nurses, therapists, and aides, and work with your doctor to create a tailored care plan to meet your specific health needs. In addition to exceptional clinical care in the home, we provide custom packaged, home-delivery options for your pharmaceutical needs through our affiliation with Amphex Pharmacy. Our office is on the main floor, and our friendly CNA will be happy to help answer your questions or get you on our services. She is available 9am-5pm, Mon-Fri.

Meet our Management Staff

Emily Howarth, Executive Director

I was born in Utah and grew up in a small town out west. I started working for Blue Harbor in 2013 at Golden Living. I am currently working on my bachelor's degree in health administration at the University of Utah. I have a son who will be in 7th grade this year and loves playing football, basketball and lacrosse. I love serving and caring people. In my free times I love hiking, paddle boarding, painting and reading. Seniors hold a special place in my heart. Thank you for welcoming me into your home!



Hector Flores, Dining services Director

I am originally from El Salvador and came to the United States in 1981 at 18 years old and had been in the dining industry since. I love working at Chateau, serving gives me the opportunity to get to know all my residents. In my free time I enjoy the company of my grandchildren, fishing, swimming and biking, I recently married the love of my life, Reyna.



Gigi Gazani, Activities Director

I am originally from Peru. I have been working at Chateau for almost 4 years and I love it! I was a CNA for nursing facilities and home health and hospice before doing activities. I have a 4-year-old son who is the light of my life. He loves school and is attending pre-school. I am currently in nursing school and am planning on joining the US NAVY as a nurse once I graduate. In my free time I love cooking, dancing, camping, hiking, and spending time with family.



Eric Nielson, Building services Director

I learned carpentry at an early age from my father, helping him with projects around the house. I continued with my skills for several years in private business with my brothers doing all types of remodeling for clients. I have a beautiful 9-year-old daughter with my life partner Denise and enjoy spending time with them cooking, boating, and couch-potatoing. I worked at Golden living for 3 years and remain friends with many co-workers including our ED Emily.



We Appreciate Referrals

The highest honor you can bestow on us is referring someone you care about. We are committed to providing service that is worthy of referral. Your referrals are the heart of our business. Please direct all referrals to our Community Outreach Director.



"Like" Our Facebook Page at Chateau Brickyard Senior Living and stay updated of all the fun our residents have! If you would like your family to receive our e-newsletter and be informed of our upcoming events, activities and more, please fill out our new contact information form! Get your forms at the front desk!

Molly Mitchell, Housekeeping Supervisor

I have been working at Chateau for 2 years. I am also a part time nursing student which I am thrilled about. I have a sweet 3-year-old boy (3 going on 13) who is so much fun and keeps me busy. I've played the Violin since I was 8, was super into sports in high school and love anything to do with the Denver Broncos, this is our year!! I love being outdoors with my family and traveling.



Jarom Burgess, Business Office Manager

I was born and raised in New Zealand, recently moved from Portland Oregon. Married my wife Devyn in 2016 and we have a 2-year-old son named Brody. Before coming to Utah, I worked in an Assisted living in Oregon. In my spare time I like to watch movies and play Basketball and Football.

