

Courtyards February Calendar 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Don't miss our huge Superbowl party in the clubhouse Sunday February 3rd. We will have food, drinks, and games starting at 5:00 pm. Not a football fan? Then join us for the Oscars watch party on Sunday February 24 at 7:00 pm. where we will drink champagne and vote on who will win. Dress up and receive a special prize!</p>						<p>1 9:30- Exercise #5,#7& #12 10:30-Casual Cat Charities volunteer RSVP 10:30- Craft Class with Debbie #5 2:00-Happy Hour: Marcia Rose CH 3:00-Red Wine Tasting and the benefits for your heart. CH 3:30- Rummikube CH</p>	<p>2 Ground Hog Day 9:30- Exercise #5,#7,#12 10:30-GroundHog predictions & reveal Party! #5 2:00-Bingo with Bob bldg. #7 2:30- Manicures bldg. #5 4:00-Afternoon Yoga #5 6:30-Movie Night "The Ground Hog Day" #7 (3rd floor)</p>
<p>3 SUPERBOWL SUNDAY 10:30- Exercise #5 & #7 12:00-Girl Scout Cookies! CH 2:00-Piano and Hymns by Bruce #5 4:00- Church Service w/ Pastor Charlie bldg. #5 5:00-SUPERBOWL SUNDAY WATCH PARTY & FOOD CH</p>	<p>4 9:30- Zumba Exercise #5,#7,12 10:00-Dancercise Class w/ Phillip Ware bldg. #7 10:30- Food Science #5 2:00-Bingo with Bob bldg. #5 4:00-Meditation & Motivation with Keke #5 6:30-Oscar Movie Night CH</p>	<p>5 ADVENTURE 9:30- Exercise #5,#7& #12 10:30- Botanical Gardens: Japanese Gardens RSVP 2:00-Bingo with Bob bldg. #7 4:00: Wine, Cheese and Chinese Horoscopes #12 6:30-Bunco with Vicky. #7</p>	<p>6 Hippie Day! 9:30-Zumba Exercise #5,#7& #12 10:30-Jewelry Making class w/ Debbie: #7 2:00-Groovin Out w/Keke & Fruit Smoothie Social #5 3:00-Fort Worth Library RSVP 3:30-Tie Dye Bandanas #7 6:30-Family Game Night #5</p>	<p>7 9-Frost Bank Visits #12 9:30- Exercise #5 & #7 10:00-Lena Pope Bible Study RSVP 10:30-Iron Chef Bake Off: Staff Edition Keke VS. Andrea CH 1:30-Super Walmart RSVP 2:00- Cash Bingo with Bob #12 4:00-Indoor Gardening Club #7</p>	<p>8 Adventure 9:30- Exercise #5,#7& #12 10:30-Casual Cat Charities volunteer RSVP 10:30- Card Making Class w/ Paula #5 2:00-Happy Hour John Goodwin CH 3:30- Rummikube CH 6:00- Benbrook Senior Dance rsvp</p>	<p>9 ADventure 9:30- Exercise #5,#7& #12 10-Bunco w/ Vicki bldg. #7 10:30-Make your own Mini Pizzas #CH 2:00-Bingo with Bob bldg. #7 2:30- Manicures bldg. #5 4:00-Afternoon Yoga #5 7:00-Stockyards Rodeo RSVP</p>	
<p>10 10:30- Exercise #5 & #7 12:00-Girl Scout Cookies! CH 1:45- Weekend Shopping w/ Arelly (Hulen Mall) RSVP 4:00- Church Service w/ Pastor Charlie bldg. #5 6:30-Sunday Movie Night: Oscar Nominated Film #5</p>	<p>11 LADIES LUNCH 9:30- Zumba Exercise #5,#7,12 10:00-Dancercise Class #7 10:30-Food Science: Iron #5 2:00-Bingo with Bob bldg. #5 4:00-Meditation & Motivation with Keke #5 6:30-Oscar Movie Night CH: Small Foot</p>	<p>12 ADVENTURE 9:30- Exercise #5,#7& #12 10:30-Perot Museum RSVP for your free lunch 2:00-Bingo with Bob bldg. #7 4:00- Cultural Food Traditions: Mediterranean #7 6:30-Bunco with Vicky. #7</p>	<p>13 Pink Day! 9:30-Zumba Exercise #5,#7& #12 10:30-Jewelry Making class w/ Debbie: #7 2:00-Pink Party w/Keke & Ice Cream Social #5 3:00-Fort Worth Library RSVP 3:30-Jeopardy Valentines Day Edition #7</p>	<p>14 Valentine's Day 9-Frost Bank Visits #12 9:30- Exercise #5 & #7 10:00-Lena Pope Bible Study RSVP 10:30-Valentines day Treats! CH 1:30-Neighborhood Walmart RSVP 2:00- "A Day In Paris" Decedent Desserts and Live Classical Entertainment #7</p>	<p>15 9:30- Exercise #5,#7& #12 10:00- Casual Cat Charities volunteer RSVP 10:30-Craft Class with Debbie #5 11:30-Healthy Cooking Demo with Chris #5 2:00-Happy hour w/ Chuck yielding 3:30- Rummikube CH</p>	<p>16 9:30- Exercise #5,#7& #12 10-Bunco w/ Vicki bldg. #7 10:30- Manicures bldg. #7 2:00-Bingo with Bob bldg. #7 2:30- Health Journals #5 4:00-Afternoon Yoga #5 6:30-News & Brews bldg. #5 & #7 (tv area)</p>	
<p>17 10:30- Exercise #5 & #7 12:00-Girl Scout Cookies! CH 1:30-Sunday Communion #7 2:00- Piano by Bruce #5 2:30-Apple Cider Social #5 4:00- Church Service bldg.5 6:30-Sunday Movie Night: Oscar Nominated Film #5</p>	<p>18 9:30- Zumba Exercise #5,#7,12 10:00- Phillip Ware bldg. #7 10:30-Cooking Demo w/ Culinary Arts School CH 2:00-Bingo with Bob bldg. #5 4:00-Meditation & Motivation with Keke #5 6:30-Oscar Movie Night CH</p>	<p>19 ADVENTURE 9:30- Exercise #5,#7& #12 11:00- Cheesecake Factory RSVP 10:45- Beginners Sign Language Class with Andrea #7 2:00-Bingo with Bob bldg. #7 4:00- Cultural Food Traditions: India #7 6:30-Bunco with Vicky. #7</p>	<p>20 Hollywood Glam Day 9:30-Zumba Exercise #5,#7& #12 10:30-Jewelry Making class w/ Debbie: #7 1:30-Doggie Fashion Show #5 3:00-Fort Worth Library RSVP 3:30- Hollywood Juice Bar #5 6:30-Family Game Night #5</p>	<p>21 9-Frost Bank Visits #12 9:30- Exercise #5 & #7 10:00-Lena Pope Bible Study RSVP 10:30-Iron Chef Resident Edition: CH 1:30-Walmart RSVP 2:00- Cash Bingo with Bob #12 4:00-Indoor Gardening Club #7</p>	<p>22 9:30- Exercise #5,#7& #12 10:00 Casual Cat Charities volunteer RSVP 10:30- Card Making Class w/ Paula #5 2:00- Happy Hour w/ John Goodwin 5:00-Courtyards Community Potluck : Healthy Edition CH</p>	<p>23 9:30- Exercise #5,#7& #12 10-Bunco w/ Betty bldg. #7 10:30- Manicures bldg. #5 2:00-Bingo with Bob bldg. #7 3:00-Health Journals #5 4:00-Afternoon Yoga #5 6:30-News & Brews bldg. #5 & #7 (tv area)</p>	
<p>24 OSCARS AWARDS 9:00-Morning Coffee Social 10:30- Exercise #5 & #7 1:45- Weekend Shopping w/ Arelly (Kohls) RSVP 4:00-Church Pastor Charlie bldg. #5 7:00-Oscars Watch Party & Awards Ceremony CH</p>	<p>25 9:30- Zumba Exercise #5,#7,12 10:00-Dancercise Class w/ Phillip Ware bldg. #7 10:30-Resident Swap Meet #7 2:00-Bingo with Bob bldg. #5 4:00-Meditation & Motivation with Keke #5 6:30-Oscar Movie Night CH</p>	<p>26 ADVENTURE 9:30- Exercise #5,#7& #12 10:30-Blue Ostrich Winery and Vineyard Tour RSVP 2:00-Bingo with Bob bldg. #7 4:00- Cultural Food Traditions: Mexico 6:30-Bunco with Vicky. #7</p>	<p>27 Western Day! 9:30-Zumba Exercise #5,#7& #12 10:30-Jewelry Making class w/ Debbie: #7 2:00-Community Update with Kevin in the clubhouse. 2:30-Menu Update with Chris CH 6:30-Family Game Night #5</p>	<p>28 New Residents Welcome 9-Frost Bank Visits #12 9:30- Exercise #5 & #7 10:30-Courtyards Country Store (Bring your courtyards cash to spend) 1:30- Tom Thumb RSVP 2:00- Cash Bingo with Bob #12 4:30-House Warming Party CH</p>	<p>Join us for the activities highlighted in blue to receive a stamp in your health passport! On February 22nd after happy hour, we will see who has the most stamps in their book to determine a winner! Prize is valued for \$50! Don't miss it!</p>		