

Cottages January Calendar 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Years Day 8:00-Rose Bowl Parade 9:30-Moving to Music 11:00-Makeovers 2:00-Rose Bowl Football Game 3:15-Bubbly Mocktail Party 8:00-Hot Chocolate	2 80s day 9:30-Jazzercise 10:30-Bingo 1:30-80s Trivia 3:30 Music Therapy- 80s 4:00- Courtyards Art Tour 7:00-Charades	3 9:30-Circle Soccer 10:30-Hand Massages 11:00-Flower Arrangements 1:45-Wii Games: Brain Games 2:15-Apple Cider Social 4:00-Stepping Out Adventures	4 9:30-Fun and Fit 11:00- Painting 101 1:30-Animal Therapy w/ Boots 2:00-Happy Hour Party!!! 2:30- Happy Hour w/ jokes 4:00-Stepping Out Adventures	5 9:30-Sit and Reach 10:30-Music Makers 11:00-Helping Hands 1:30-DIY Crafts 2:30-Saturday Sing A-Long 7:00-Aromatherapy Hour
	6 9:30-Sit and Stretch 10:30-Hymn Along 1:15-Hand Pampering 2:00-Reminisce - Friendships 3:00- Christmas Cookies 4:00-Church Service 7:00-Sunday Movie Night	7 9:30-Sit and Stretch 10:30-Fask Masks 11:00-Indoor Gardening 1:15-Puzzle Play 2:30-Creative Art 4:00-Wii Games 7:00- Coffee and News	8 9:30-Moving to Music 10:00-Keep Your Eye on the Ball 11:00-Sensory Play-Taste 1:30- Meditation and Yoga 3:15-Horse shoes on the patio 8:00-Hot Chocolate	9 Camo Day 9:30-Sit and Stretch 10:30-Bingo 1:30-Tye Die Camo Headbands 3:30 Music Therapy 4:00- Courtyards Art Tour 7:00-Charades	10 9:30-Circle Soccer 10:30-Hand Massages 11:00-Flower Arrangements 1:45-Wii Games: Brain Games 2:15-Apple Cider Social 4:00-Stepping Out Adventures	11 9:30-Fun and Fit 11:00- Painting 101 1:30-Animal Therapy w/ Boots 2:00- Happy Hour Party!!! 2:30- Happy Hour w/ jokes 4:00-Stepping Out Adventures
13 9:30-Sit and Stretch 10:30-Hymn Along 1:15-Hand Pampering 2:00-Reminisce - Friendships 3:00- Christmas Cookies 4:00-Church Service	14 9:30-Sit and Stretch 10:30- Face Masks 11:00-Indoor Gardening 1:15-Puzzle Play 2:30-Creative Art 4:00-Wii Games 7:00- Coffee and News	15 9:30-Moving to Music 10:00-Keep Your Eye on the Ball 11:00-Sensory Play-Smell 1:30- Meditation and Yoga 3:15-Horse shoes on the patio 8:00-Hot Chocolate	16 Hawaiian Day 9:30-Sit and Stretch 10:30-Bingo 1:30-Hawiiian Trivia 3:30 Music Therapy Hula Music 4:00- Courtyards Art Tour 7:00-Charades	17 9:30-Circle Soccer 10:30-Hand Massages 11:00-Flower Arrangements 1:45-Wii Games: Brain Games 2:15-Apple Cider Social 4:00-Stepping Out Adventures	18 Scenic Ride 9:30-Fun and Fit 11:00-Painting 101 1:30-Animal Therapy w/ Boots 2:00- Happy Hour Party!!! 2:30- Scenic Fall Ride 4:00-Stepping Out Adventures	19 9:30-Sit and Reach 10:30-Music Makers 11:00-Helping Hands 1:30-Cooking club 2:30-Saturday Sing A-Long 7:00-Aromatherapy Hour
20 9:30-Sit and Stretch 10:30-Hymn Along 1:15-Hand Pampering 2:00-Reminisce - Holidays 3:00- Christmas Cookies 4:00-Church Service 7:00-Sunday Movie Night	21 Martin Luther King Day 9:30-Sit and Stretch 10:30-Martin Luther King Biography and facts 1:15-famous Stories 2:30-Creative Art 4:00-Wii Games 7:00- Coffee and News	22 9:30-Moving to Music 10:00-Balloon Volleyball 11:00- Sensory Play 2:00- Meditation and Yoga 3:00-Apple Cider and Stories 8:00-Hot Chocolate	23 Twin Day 9:30-Sit and Stretch 10:30-Bingo 1:30-Famous Twins in History 3:30 Music Therapy 4:00- Courtyards Art Tour 7:00-Charades	24 9:30-Circle Soccer 10:30-Makeovers 11:00-Cupcake Decorating 1:45-Wii Games: Brain Games 2:15-Apple Cider Social 4:00-Stepping Out Adventures	25 9:30-Fun and Fit 11:00- Painting 101 1:30-Animal Therapy w/ Boots 2:00- Happy Hour Party!!! 2:30- Happy Hour w/ jokes 4:00-Stepping Out Adventures	26 9:30-Sit and Reach 10:30-Music Makers 11:00-Helping Hands 1:30-Cooking club 7:00-Aromatherapy Hour
27 9:30-Sit and Stretch 10:30-Hymn Along 1:15-Hand Pampering 2:00-Reminisce - Foods 3:00-Ice Cream Social 4:00-Church Service 7:00-Sunday Movie Night	28 9:30-Sit and Stretch 10:30- Face Masks 11:00-Indoor Gardening 1:15-Puzzle Play 2:30-Creative Art 4:00-Wii Games 7:00- Coffee and News	29 9:30-Moving to Music 10:00-Keep Your Eye on the Ball 11:00-Sensory Play-Hear 1:30- Jenga 3:15- Meditation and Yoga 8:00-Hot Chocolate	30 Nerd Day 9:30-Sit and Stretch 10:30-Spelling Bee 1:30-Jeporady 3:30 Music Therapy 4:00- Courtyards Art Tour 7:00-Charades	31 9:30-Circle Soccer 10:30-Makeovers 11:00-Cupcake Decorating 1:45-Wii Games: Brain Games 2:15-Apple Cider Social 4:00-Stepping Out Adventures	Happy New Year to all our friends and family! This month we are going on a special Secret Trip December 18th Can't wait to see you all there!	