



courtyards

AT RIVER PARK

3201 River Park Dr. • Fort Worth, TX 76116

Management Team

Executive Director Kevin Aruda
 Assistant Executive Dir. Marie Brumfield
 Business Office Mgr. Yesenia Espinoza
 Health Services Dir. Cristina Bawab, L.V.N.
 Activities Director Andrea Dupuis
 Dietary Services Director Chris Bouche
 Maint. Team/ Life Safety Bruce & Garland
 Memory Care Coord. Mirka Hostasa
 Housekeeping Director Rosa Lopez
 Asst. Living Coord. Javia Forbes, L.V.N.
 Community Outreach Dir. Stevenie Broom
 Marketing Director Heather Wickman

Important Numbers

Office (817) 732-4436
 Fax (817) 732-4452
 Building 7 (817) 732-4873
 Fire, Police, Emergency 911
 Building 7 Beauty Shop (817) 737-3818
 Building 5 Beauty Shop (817) 319-2941

Its Time to VOTE!

Calling all residents! We are vamping up our menus and would like your input and recipes! On July 25th at 3:30 in the clubhouse, we will be getting residents together to vote on new menu choices! We will also be having a resident meal of the month where the meal voted for will be served on a specific day every month. Bring your own recipe and be placed in a drawing to win a \$25 visa gift card! See you all there soon!

July 2018



What You Missed Last Month...

Last month we delivered Doughnuts to the Police and Firemen of Fort Worth in honor of National Doughnut Day! As seen above Bingo Bob Brennan graciously gave up 2 boxes of delicious Krispy Kremes to one of the officers on duty!

"It's not how much we give but how much love we put into giving."
 -Mother Teresa

July Birthdays!



Residents & Staff Birthday

- 7/5 Marge Baird 803
- 7/5 Katherine Cherico 1229
- 7/6 Luella Shaw 513
- 7/7 Ray Haney 1039
- 7/7 Dorothy Oliver 714
- 7/8 Dorothy Blathrop 604
- 7/9 Johnice Garner 1223
- 7/10 Christine Merritt 1045
- 7/11 Ava Lee Parsons 760
- 7/13 Phillip Johnson 553B
- 7/14 Laura Sanders 1102
- 7/14 Seth Shaw 514
- 7/16 Waverly Haney 1039
- 7/16 Joe Cole 1221
- 7/19 Pat Kemp 1007
- 7/20 Christolynn Davis (Staff)
- 7/23 Suzanne Folsche 1026
- 7/27 Kathleen Bruton 508

Cancer Horoscope (Jun 21-Jul 22)

People bearing the cancer sign are so loving, you can almost consider them emotional. Cancers make up the greater part of caring folks on this earth. They cherish family and friends dearly and are usually dotting pet owners as well. Cancers are very intuitive and possess a rich imagination!



4th of July FUN!

When I think of the 4th of July I think about Food, Family, and fun! So I have planned a fun filled day to keep you on your toes and laughing! We will start the morning off with a pie in the face throwing contest! Step up and give it your best shot in hopes of getting us right in the kisser! this will be at 10:30 am in the activity room of building 5. Following the pie, Chris and his team in the kitchen will be serving us a good ol American lunch of BBQ and Burgers at 12:00 pm in all kitchens and clubhouse. At 2:00 pm we will be having a watermelon eating contest in Building 7! Who ever can eat their watermelon pieces the fastest will win a visa gift card! Be sure to come hungry! Bibs included. At 3:30 pm we will be holding a blindfolded smelling contest! Bring your sniffer and see how many smells you can get correct (and don't worry no stinky socks included in with those smells!), winner will also receive a prize. At dinner we will be passing sparklers out to those who would like to watch the fireworks along the trinity river once the sun goes down! See you then!

Courtyards Family Carnival & Alzheimers Art Auction!

This months family event will be an Indoor Carnival July 28th starting at 1:30 pm in Building 5! Invite your family and friends to a fun filled afternoon of Games, Races, Carnival Foods, and prizes! This event is being held to raise money for the Walk to End Alzheimer's Association. In doing so the managers have volunteered to be soaked in the dunk tank for a small donation as well! In addition to the water tank we will be holding a silent auction on items such as Rangers Tickets, Spa Packages, Hair services, and more! Silent Auction not your thing? Not to worry as Memory Care will be displaying Art Work for Sale. If you have any Art pieces you have painted/Drawn/sketched that you would like to donate to the auction, please give them to the Front desk of Building 5 or 7, and they will bring them to the proper location. Cake Donations for the Cake walk are also needed and welcomed! Following the Games and food join us for a magic show and the closing act. We hope to see everyone there in support of Alzheimer's!



Outings This Month!

Quarter Lounge Arcade:

Step back in time when you were a kid and step right up to a classic arcade game! The quarter lounge is a classic quarter arcade with everything from Pac-man to pinball! Entry will be a \$1 per person and all games are only a quarter! RSVP as you don't want to miss this outing, we are leaving Tuesday July 3rd at 10:00 am!

West Side Café Brunch:

The time has come that you have been waiting for! I know many of you have requested that we have brunch at Fort Worth's local favorite, The west side café! SO rsvp to come with us July 10th at 10:30 am to eat some of

the best breakfast on this side of town!

Reunion Tower Tour:

Reunion Tower is a 561 ft observation tower in Dallas, Texas and one of the city's most recognizable landmarks. Located in the Reunion district of downtown Dallas, the tower is part of the Hyatt Regency Hotel complex, and is the city's 15th tallest building. We will be able to visit the observation deck at the rotating top and view an incredible 360 degrees of the entire DFW! Leaving Tuesday July 17th at 9:00 am. Lunches are provided free to those who rsvp with building 7. Cost is \$12 per person.

Outings Continued...

Fossil Ridge Safari:

Escape ordinary experiences and explore the rugged beauty of Fossil Rim Wildlife Center! Fossil Rim Wildlife Center is an endangered species research and conservation center near Glen Rose, Texas. The facility has over 1,000 animals from 50 species from antelope to zebras and giraffes that you can feed by hand! Pricing is \$18 per person for this once in a life time experience! Bus leaves at 10:00 am, Tuesday July 24th. RSVP to save your seat, lunches provided to those who sign up!

Family Bingo Center:

Calling all bingo lovers!!! Courtyards is taking a trip to the

Benbrook Family Bingo center to try and win big! This building is smoke free and handicap accessible, they do sell drinks and snacks should you want to purchase something. Bingo sheets are \$10 for the bunch and this includes 6 bingo games all worth over \$200! This outing will be on Tuesday July 31st at 1:00 pm. See you all there!



Important Days in July

July 9th- Ladies Brunch

What a better way to get to know your neighbors and make some new friends, than a monthly ladies brunch! We invite all ladies to attend the ladies brunch in the Clubhouse at 11:00 am. This is free to those who wish to attend!

July 11th- Men's Breakfast

Calling all men! Come to the clubhouse Wednesday at 8:00 am for your free hot breakfast and coffee. Engage in conversations with other men and see if you have anything in common! We are also going to be voting on a men's outing for August so be sure not to miss this event!

July 13th- Benbrook Senior Center Dance

Dancing can be very enjoyable! It is good exercise and you meet the most interesting people! strap on your shoes and STEP RIGHT UP! Bus leaves at 6:00 pm and will return around 8:00 pm Friday July 13th. RSVP to save yourself a seat.

July 26th- Courtyards Housewarming Party!

Today at 5:30 we are inviting all residents new and old to the housewarming party! If you have lived here a while and would like to introduce yourself please join us! If you are a new resident and would like to show your family around we encourage you to invite them!



Crossword Puzzle

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15					16			
17				18					19			
20			21						22			
	23	24					25					
26	27						28			29	30	
31					32	33				34		35
36				37					38			
39			40						41			
	42		43					44				
		45					46					
47	48	49					50			51	52	53
54				55	56				57			
58				59					60			
61				62					63			

ACROSS

- Area
- Seaport in France
- ___ over; be forgotten
- Male animal
- Lofty abode
- Bicycled
- Mixed up
- Bold outlaws
- Group concerned with children: abbr.
- Make eyes at
- Keep from happening
- Styles
- In the past
- Masseuse
- Summits
- Spiny-leaved plants
- Frauds
- ___ Z; entire range
- Command to Rover
- Mariners' guides
- Fratricide victim
- College major
- Exhausted
- Beg
- Declare
- Pieces of wood
- Word with body or way
- Grieve
- Liz's third and others
- Money, slangily

DOWN

- Fellow
- Hot spot
- Very handsome men
- Greek letter
- Nag
- Film holders
- Gaelic
- Drink slowly
- Wooden peg
- Accolades
- Rich deposit
- Reason to bathe
- Start of the name of a U.S. state
- Becomes furious
- Anthology entries
- Submit
- Weapons
- Tabula
- Prefix for modern or violet
- Transport
- Cathedral feature

ACROSS

- Place
- Editor's notation
- Container
- Pioneer automaker
- Lively
- Winglike
- Meaning
- Sulk
- Leader executed in 2006
- Made a loud noise
- Bullwinkle, for one
- Ski lift
- Yes ___?
- Dean Martin's late son
- Cut of pork
- Baby carrier
- Extra office helper
- Opening
- Gene carrier
- Silvery-gray color

