



**AT RIVER PARK**  
 3201 River Park Dr. • Fort Worth, TX 76116

***March 2020***

**Management Team**

- Executive Director..... Oscar Luna
- Guest Services Director..... Jame Scott
- Activities Director..... Chelsey Leath
- Asst. Living Coord.....Mirka Hostasa
- Business Office Mgr..... Yesenia Espinoza
- Dietary Services Director..... Chris Bouche
- Health Services Director.....Javia Forbes, L.V.N.
- Health Services Coord.....Anthea Obialasor
- Housekeeping Director..... Maria Falcon
- Maintenance Director..... Scott Ross
- Marketing Director.....Catoya Clausell
- Memory Care Coord..... Kendria Dubois

**Important Numbers**

- Building 5.....(817) 732-4436
- Fax..... (817) 732-4452
- Building 7.....(817) 732-4873
- Fire, Police, Emergency..... 911
- Building 5 Beauty Shop.....(214) 621-1634
- Building 7 Beauty Shop..... (817) 737-3818



**ATTENTION ALL RESIDENTS**

A friendly reminder that we are a non-smoking community. Anyone found smoking in their apartment will be fined, and could lead to eviction.

Judy M at our Mardi Gras Family Night on Feb 20th! Many families joined us for some New Orleans music and delicious food!

*Happy Birthday to You!*

**3/06**

**Judy Meisinger  
#524**

**3/06**

**Bob Bashein  
#1033**

**3/11**

**Inez Sosa  
#504**

**3/21**

**Florence Russell  
#1021**

**3/27**

**Audrey Daniels  
#1215**

*If you have a birthday this month,  
and it is NOT listed, please call the  
front desk so we can update our  
system!*

### *A Quick Word from the Activity Dept...*

*We are already in the 3<sup>rd</sup>  
month of 2020! How time  
flies when you're having  
fun!*

*Our World Tour takes us  
to Ireland this month.  
Ireland is a small island  
country, near England.  
They are known for St.  
Patrick's Day, green beer,  
leprechauns and their  
Celtic language.*

*We have a busy, but fun,  
month ahead of us! We  
will be going on  
adventures, as well as  
learning about different  
aspects of our health from  
our friends at Clear Eye,  
Nurse Advocates, and  
Grace Home Health.*

*Have a lucky month!*

### *Adventures...*

*Reminder: all outings  
require an RSVP. There  
are only so many spots  
on the bus. Don't miss  
out! Call 817-732-4436 to  
RSVP.*

#### Winstar World Casino:

You asked! I give! On March  
10<sup>th</sup>, we will be going to  
Winstar! We will leave at 9:00,  
so don't miss the bus! We will  
stop for lunch on the way  
there. Don't forget to RSVP!

#### Lunch Bunch:

This month we will be going to  
the Cracker Barrel, by popular  
request. RSVP to enjoy to  
homestyle food! Their biscuits  
are out of this world! The bus  
leaves at 11:00 on March 17<sup>th</sup>!

#### Butterflies in the Garden:

Do you enjoy being out side?  
Then you have got to join us for  
this adventure to the botanic  
gardens! The butterflies will  
only be there for a short time,  
so don't miss it! The cost is only  
\$10 to get in, and the  
Courtyards will provide a free  
picnic-style lunch. March 31<sup>st</sup> at  
10:30!

### *Activities in the community...*

#### Clear Eye:

You'll have 2 different opportunities to learn  
about the importance of keeping up with the  
health of your eyes! Clear Eye will be hosting  
a "Dine + Dash" on March 10<sup>th</sup> from 4 to 6 in  
Building 5. Then a "Lunch + Learn" on March  
24<sup>th</sup> from 11 to 12 In the Clubhouse!

#### New Resident Welcome Luncheon

On March 3<sup>rd</sup>, the Courtyards will be hosting  
a complimentary New Resident Welcome  
Luncheon. All the directors will be present for  
introductions and any questions you may  
have. We'll be in the Clubhouse at 11:00AM!

#### Ladies' Luncheon:

Monday, March 9<sup>th</sup> will be our monthly  
Ladies's lunch! We gather to chat, eat, and be  
merry! We hope you join us at 11:30 in the  
clubhouse for a good time.

#### Debbie's Craft Class:

Every month on the 1<sup>st</sup> and 3<sup>rd</sup> Friday we are  
blessed with Debbie's creations. Come see  
what she has in store for us this month on  
March 6<sup>th</sup> and March 20<sup>th</sup> at 10:30 in the  
Clubhouse. You'll earn extra Courtyards cash  
if you do!

#### Men's Breakfast:

Men's breakfast is a monthly event, free for  
residents of the Courtyards! Come enjoy it on  
March 4<sup>th</sup> at 8AM. There's plenty for all.

### Welcome Committee:

Join our welcome committee,  
as we discuss what fun treats  
will be in the new resident  
baskets for the month. Share  
your ideas and help  
brainstorm ways we can be  
welcoming our new friends.  
Friday March 13<sup>th</sup> in the  
Clubhouse starting at 10:30!

#### Health Talks with Deidra

This month we will be putting  
together health journals!  
These are helpful for all! Let us  
help you get started! We'll  
meet in the clubhouse at 2 on  
March 11<sup>th</sup>.

#### Courtyards Community Potluck:

The last Friday of every month,  
we gather together, as friends,  
to eat. Bring a dish, dessert,  
drink, anything! This is what  
being a part of our community  
is all about! March 27<sup>th</sup> at  
5:00PM.

#### Afternoon Movies:

This month our movies will be  
a reflection of Ireland! Join us  
on Sundays at 1:00PM in the  
Clubhouse, for popcorn and  
good film.

### *Government Grant Scam*

In the most common Grant scam, the consumer  
will receive an unsolicited phone call from a con  
artist claiming that they are from the "Federal  
Grants Administration" or the "Federal Grants  
Department" neither of which exists. In other  
versions of this scam scammers place  
advertisements in the classified section of the  
local newspapers offering "free grants," and will  
request that victims wire money for processing  
fees or taxes before the money can be sent to  
them.

The National Consumer League has published  
the following tips for consumers to avoid falling  
victim to a federal grant scam:

- Do not give out your bank account  
information to anyone you do not  
know. Scammers pressure people to  
divulge their bank account information  
so that they can steal the money in the  
account. Do not share bank account  
information unless you are familiar  
with the company and know why the  
information is necessary.
- Government grants are made for  
specific purposes, not just because  
someone is a good taxpayer. They also  
require an application process; they are  
not simply given over the phone. Most  
government grants are awarded to  
states, cities, schools, and nonprofit  
organization to help provide services or  
fund research projects. Grants to  
individuals are typically for things like  
college expenses or disaster relief.
- Government grants never require fees  
of any kind. You might have to provide  
financial information to prove that you  
qualify for a government grant, but you  
never have to pay to get one.

