

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

Desert Flower Senior Living



<p>HAPPY BIRTHDAY SUE 1</p> <p>Clark Gable's Birthday</p> <p>9:00 Scenic Drive</p> <p>10:30 Live 2B Healthy</p> <p>11:30 Energy Snack (AR)</p> <p>12:30 Bingo (AR)</p> <p>1:00 Talk: Clark Gable</p> <p>2:00 Movie "Gone with the Wind" – Clark Gable</p>		<p>2</p> <p>10:30 Moving to Music(AR)</p> <p>1:00 New Books Available in Fireplace Room</p> <p>2:00 Movie: Clark Gable (TH)</p> <p>2:15 Poker (AR)</p> <p>3:30 Word Search Mania(FR)</p> <p style="text-align: right;"><small>Groundhog Day</small></p>											
<p>SUPERBOWL SUNDAY 3</p> <p>9:15 Catholic Service</p> <p>10:30 Move4Life (AR)</p> <p>1:00 BINGO(AR)</p> <p>3:00 TAILGATE PARTY (FR)</p> <p>4:30 SUPERBOWL (TH)</p>		<p>4</p> <p>9:00 Shopping Walmart</p> <p>11:00 Zumba w/Barry (AR)</p> <p>1:00 Make Valentines for Family Members (AR)</p> <p>2-4 ERRAND Afternoon (L)</p> <p>2:30 Bible Lesson Ernie Pahlek (AR)</p> <p>4:00 Brain Teasers (FR)</p>		<p>5</p> <p>CHINESE NEW YEAR</p> <p>9:00 Good News (FR)</p> <p>10:30 Live 2B Healthy (AR)</p> <p>11:30 Energy Snack (AR)</p> <p>1:00 Armchair Travels (TH)</p> <p>2:15 Blackjack (AR)</p> <p>3:30 Chinese New Year (FR)</p> <p>History of Chinese New Year</p> <p style="text-align: center;"><small>Chinese New Year</small></p>		<p>6</p> <p>9:00 Senior Day Fry's</p> <p>9:00 Flower Hour (AR)</p> <p>10:00 Tai Chi w/Marti (AR)</p> <p>1:00 Bingo w/Sharon (AR)</p> <p>2:30 Scottsdale Fine Arts Show (L) Exhibit #1</p> <p>3:30 Legends: President Ronald Reagan-Babe Ruth(FR)</p>		<p>7</p> <p>9:30 Health Chat:</p> <p>10:45 Chair Yoga w/Marie AR</p> <p>1:00 Book Club – Write a Note or Card! (AR)</p> <p>2:15 Blackjack (AR)</p> <p>3:30 Happy Hour with Scott Hallock (FR)</p>		<p>8</p> <p>9:00 Scenic Drive to Scottsdale Airport</p> <p>10:30 Live 2B Healthy(AR)</p> <p>11:30 Energy Snack (AR)</p> <p>1:00 Bingo (AR)</p> <p>1:00 Waterfront Art/Wine Festival Scottsdale (L)</p>		<p>9</p> <p>10:30 Moving to Music (AR)</p> <p>1:00 Brain Games</p> <p>2:00 Movie: Clark Gable (TH)</p> <p>2:15 Poker (AR)</p> <p>3:30 Dog Races</p>	
<p>10</p> <p>9:15 Catholic Service</p> <p>10:30 Move4Life (AR)</p> <p>1:00 BINGO(AR)</p> <p>3:00 Discovery - Foods(AR)</p> <p>4:00 Desert Flower Store(AR)</p>		<p>11</p> <p>9:00 Shopping Frys</p> <p>11:00 Chair Yoga w/Joy</p> <p>1:00 Phoenix Art Museum Presentation TBA (AR)</p> <p>2-4 ERRAND Afternoon</p> <p>2:30 Bible Lesson (AR)</p> <p>3:30 Resident Council (AR)</p>		<p>12</p> <p>9:00 Good News (FR)</p> <p>10:30 Live 2B Healthy (AR)</p> <p>11:30 Energy Snack (AR)</p> <p>1:00 Talk & Cook w/Drew (AR)</p> <p>Heart Healthy Foods!!!</p> <p>2:15 Blackjack (AR)</p> <p>3:30 Find the Difference (FR)</p>		<p>13</p> <p>9:00 Flower Hour (AR)</p> <p>10:00 Tai Chi w/Marti (AR)</p> <p>10-3 Mobile Dermatology</p> <p>1:00 Bingo w/Sharon (AR)</p> <p>2:30 Legends: Tennessee Ernie Ford (FR)</p> <p>5:30 Electric Desert (L)</p>		<p>14</p> <p>9:30 Heart Healthy Foods; Health Chat – Snack (FR)</p> <p>10:45 Chair Yoga: Marie AR</p> <p>2:15 Blackjack (AR)</p> <p>3:30 Happy Hour w/Warren Marshal (FR)</p> <p>4:30 VALENTINES DINNER</p> <p>Family Dinner</p> <p style="text-align: center;"><small>Valentine's Day</small></p>		<p>15</p> <p>9:00 Scenic Drive</p> <p>10:30 Live 2B Healthy(AR)</p> <p>11:30 Energy Snack (AR)</p> <p>11:45 ROMEO CLUB – pizza and beer (PD)</p> <p>1:00 Bingo (AR)</p> <p>2:30 Hot Chocolate Community Time (FR)</p>		<p>16</p> <p>10:30 Moving to Music (AR)</p> <p>1:00 Brain Games</p> <p>2:00 Movie: Clark Gable (TH)</p> <p>2:15 Poker (AR)</p> <p>3:30 Dog Races</p>	
<p>17</p> <p>9:15 Catholic Service</p> <p>10:30 Move4Life (AR)</p> <p>1:00 BINGO(AR)</p> <p>3:00 Discovery - Foods(AR)</p> <p>4:00 Magazine Mania (FR)</p>		<p>18</p> <p>9:00 Shopping Frys</p> <p>11:00 Zumba w/Barry (AR)</p> <p>1:00 Let's Write! (AR)</p> <p>2-4 ERRAND Afternoon (L)</p> <p>2:30 Bible Lesson Ernie Pahlek (AR)</p> <p>3:30 Town Hall (AR)</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>		<p>HAPPY BIRTHDAY RITA 19</p> <p>9:00 Good News (FR)</p> <p>10:30 Live 2B Healthy (AR)</p> <p>11:30 Energy Snack (AR)</p> <p>1:00 Armchair Travels (TH)</p> <p>2:15 Blackjack (AR)</p> <p>3:30 Word Scramble (FR)</p>		<p>Nat'l Love Your Pet Day 20</p> <p>9:00 "Love Your Pet" – Treat Time (CY)</p> <p>9:00 Flower Hour (AR)</p> <p>10:00 Tai Chi w/Marti (AR)</p> <p>1:00 Bingo w/Sharon</p> <p>1:00 Herberger Theater: (L) "Secret Comedy of Women"</p> <p>3:00 "Love Your Pet Day"(CY)</p>		<p>21</p> <p>9:30 NEW RESIDENT BREAKFAST (AR)</p> <p>10:45 Chair Yoga w/Marie AR</p> <p>1:00 Book Club</p> <p>2:15 Blackjack (AR)</p> <p>3:30 Happy Hour w/Suzie Kiraly (FR)</p>		<p>22</p> <p>10:00 Arabian Horse Show @ Westworld (Sack Lunch)</p> <p>10:30 Live 2B Healthy(AR)</p> <p>11:30 Energy Snack (AR)</p> <p>1:00 Bingo (AR)</p> <p>2:30 Connect 4 (FR)</p>		<p>23</p> <p>10:30 Moving to Music (AR)</p> <p>1:00 Brain Games (AR)</p> <p>2:00 Movie: Clark Gable (TH)</p> <p>2:15 Poker (AR)</p> <p>3:30 Dog Races (FR)</p>	
<p>ACADEMY AWARDS DAY 24</p> <p>9:15 Catholic Service</p> <p>10:30 Move4Life (AR)</p> <p>1:00 BINGO(AR)</p> <p>3:00 Discovery – Foods (AR)</p> <p>4:00 Desert Flower Store(AR)</p>		<p>25</p> <p>9:00 Shopping Frys</p> <p>11:00 Chair Yoga w/Joy (AR)</p> <p>1:00 Phoenix Art Museum Presentation TBA (AR)</p> <p>2-4 ERRAND Afternoon (L)</p> <p>2:30 Bible Lesson Ernie Pahlek (AR)</p> <p>3:45 Dog Races (FR)</p>		<p>26</p> <p>9:00 Good News (FR)</p> <p>10:30 Live 2B Healthy (AR)</p> <p>11:30 Energy Snack (AR)</p> <p>1:00 Cement Project Fun(CY)</p> <p>"Make A Planter"</p> <p>2:30 Blackjack (AR)</p> <p>4:00 Trivia Time (FR)</p>		<p>27</p> <p>9:00 Flower Hour (AR)</p> <p>10:00 Tai Chi w/Marti (AR)</p> <p>1:00 Bingo w/Sharon</p> <p>2:00 WIN WIN!!! Casino Arizona Trip (L)</p> <p>3:00 Garden Time-what to grow in Arizona (CY-FR)</p>		<p>28</p> <p>9:30 Health Chat - Bayada</p> <p>10:45 Chair Yoga w/Marie AR</p> <p>1:00 Blankets-crafts for Children's Hospital (AR)</p> <p>2:15 Blackjack (AR)</p> <p>3:30 Happy Hour w/Tim Hern (FR)</p>		<p>AR – Activity Room CY – Courtyard DR – Dining Room FR – Fireplace Room</p> <p>L – Lobby PD – Private Dining TH – Theater Room</p> <p>MONDAY – Shopping & Errand Day Tues/Thurs – Doctor Appt Day *** Sign Up for transportation AND Outings at Reception Desk !</p>			

Activities are subject to change. Please pick up daily schedule at Front Desk.