

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019

Desert Flower Senior Living – NATIONAL WOMEN'S HISTORY MONTH



<p>9:15 Catholic Service 10:30 Resident Walk & Talk 1:00 BINGO(AR) 2:30 Movie: (TH) 3:30 Let's Talk Limerick – National Limerick Month (AR)</p>	<p>3 9:00 Shopping Walmart 11:00 Zumba w/Barry (AR) 1:00 Bible Talk (AR) 2-4 ERRAND Afternoon (L) 2:00 Poker (AR) 3:00 Edible Plants of AZ (FR) Cactus Treats!!! 3:30 Brain Teasers (FR)</p>	<p>4 Happy Birthday Helen 9:00 What Am I? (FR) 10:30 Live 2B Healthy (AR) 11:30 Energy Snack (AR) 1:00 Armchair Travels (TH) 2:15 Blackjack (AR) 3:30 MARDI GRAS – King Cake Celebration PARTY (AR) <small>Mardi Gras</small></p>	<p>5 9:00 Senior Day Fry's 9:00 Flower Hour (AR) 10:00 Tai Chi w/Marti (AR) 1:00 Bingo w/Sharon (AR) 2:00 Presentation: Son of a Bach -Bruch Pulk (AR) 3:30 Ash Wednesday Presentation (FR) <small>Ash Wednesday</small></p>	<p>6 9:30 Frankie-Mini Horse Trick Show (CY) 10:45 Chair Yoga: Marie AR 1:00 Book Club (AR) 2:15 Blackjack (AR) 3:30 Happy Hour w/Hal Martin (FR)</p>	<p>7 9:00 Scenic Drive – Outing to Dairy Queen (L) 10:30 Live 2B Healthy(AR) 11:30 Energy Snack (AR) 1:00 Bingo (AR) 1:00 Scottsdale Arts Fest Civic Center Park (L)</p>	<p>8 9:00 Exercise4Life (AR) 1:00 Movie: (Th) 2:00 Brain Games (FR) 2:15 Poker (AR) 3:30 Dr Seuss -Presents (FR)</p>
<p>9:15 Catholic Service 10:30 Resident Walk & Talk 1:00 BINGO(AR) 2:30 Movie: (TH) 3:30 Desert Flower Store(AR) <small>Daylight Saving Time Begins</small></p>	<p>10 9:00 Shopping Frys 11:00 Chair Yoga w/Joy 1:00 Bible Talk (AR) NO ERRANDS – Bus MC Trip 2:30 Phoenix Art Museum Presentation TBD (AR) 3:45 Resident Council (AR)</p>	<p>11 USA Girl Scout Day 9:00 Good News (FR) 10:30 Live 2B Healthy (AR) 11:30 Energy Snack (AR) 1:00 Talk & Cook w/Drew (AR) 2:15 Blackjack (AR) 3:30 History: Girl Scouts(FR)</p>	<p>12 9:00 Flower Hour (AR) 10:00 Tai Chi w/Marti (AR) 11:00 Herberger Theater- "Boa Babes"-Lunch Theater (L) 1:00 Bingo w/Sharon (AR) 2:30 Legends & Creations (FR)</p>	<p>13 Happy Birthday Helen MC14 9:30 Heart Healthy Foods; Health Chat – Snack (FR) 10:45 Chair Yoga: Marie AR 1:00 Famous Women (AR) 2:15 Blackjack (AR) 3:30 Happy Hour w/Nancy Damone (FR)</p>	<p>14 No Scenic Drive 10:30 Live 2B Healthy(AR) 11:30 Energy Snack (AR) 11:30 ROMEO CLUB (PD) 1:00 Bingo (AR) 12:15 Goodguys 10th Spring Nationals "Hot Rod Show"</p>	<p>15 Happy Birthday Sue M Happy Birthday Karla 9:00 Exercise4Life (AR) 1:00 Brain Games (AR) 2:00 Family & Friends - Ice Cream Social & Soc Hop (DR) Tim Hern Music No Poker Today...</p>
<p>ST. Patrick's Day 9:15 Catholic Service 10:30 Resident Walk & Talk 1:00 BINGO(AR) 3:00 History: St. Patrick's Day Eat an Irish Snack-play a game (FR) <small>St. Patrick's Day</small></p>	<p>17 9:00 Shopping Walmart 11:00 Zumba w/Barry (AR) 1:00 Bible Talk (AR) 2-4 ERRAND Afternoon (L) 2:00 Poker (AR) 3:00 Magazines & Cookies (FR) 3:30 Brain Teasers (FR)</p>	<p>18 9:00 What Am I? (FR) 10:30 Live 2B Healthy (AR) 11:30 Energy Snack (AR) 1:00 Armchair Travels (TH) 2:15 Blackjack (AR) 3:30 Cheesecake & Beads (AR) W/Sharon Friendly</p>	<p>19 9:00 Flower Hour (AR) 10:00 Tai Chi w/Marti (AR) 1:00 Bingo w/Sharon 2:00 Scottsdale Performing Arts Center-Violins of Hope 2:30 New Books & Cookies (AR) 3:30 Traditions of Spring (FR) <small>Spring Begins</small></p>	<p>20 9:30 NEW RESIDENT BREAKFAST (AR) 10:45 Chair Yoga: Marie AR 1:00 PURIM Celebration Come hear the story! (FR) 2:15 Blackjack (AR) 3:30 Happy Hour: Dan the Music Man (FR) <small>Purim</small></p>	<p>21 9:00 Scenic Drive – Cactus Park Outing (L) 10:30 Live 2B Healthy(AR) 11:30 Energy Snack (AR) 1:00 Bingo (AR) 2:30 Connect 4 (FR)</p>	<p>22 9:00 Exercise4Life (AR) 12:00 Baseball Spring Training Diamondbacks vs. Giants 1:00 Movie (TH) 2:00 Puzzles & Pretzels (FR) 2:15 Poker (AR) 3:30 Dog Races (FR)</p>
<p>9:15 Catholic Service 10:30 Resident Walk & Talk 1:00 BINGO(AR) 2:30 Movie: (TH) 4:00 "GARY the Golden" Pet Partners (FR)</p>	<p>24 9:00 Shopping Frys 11:00 Chair Yoga w/Joy 1:00 Bible Talk (AR) 2-4 ERRAND Afternoon 2:30 Phoenix Art Museum Presentation TBD (AR) 3:45 Town Hall (AR)</p>	<p>25 9:00 Famous Inventions (FR) 10:30 Live 2B Healthy (AR) 11:30 Energy Snack (AR) 1:00 Celebrate Women's History Month – Tea Time 2:30 Blackjack (AR) 3:00 Play Plunko – Brownie Ice Cream Sundae! Cigna</p>	<p>26 9:00 Flower Hour (AR) 10:00 Tai Chi w/Marti (AR) 11:30 – Let's Go Out for Lunch – Red Lobster (L) 1:00 Bingo w/Sharon 5:00 Botanical Gardens "Electric Desert" (L)</p>	<p>27 9:30 Health Chat - Bayada 10:45 Chair Yoga: Maria AR 1:00 Blankets-crafts for Children's Hospital (AR) 2:15 Blackjack (AR) 3:30 Happy Hour w/Tim Hern (FR)</p>	<p>28 9:00 Scenic Drive -Frontier Town Cave Creek (L) 10:30 Live 2B Healthy(AR) 11:30 Energy Snack (AR) 1:00 Bingo (AR) 2:30 Connect 4 (FR)</p>	<p>29 Happy Birthday Dottie Warren Beatty B-Day 9:00 Exercise4Life (AR) 1:00 Movie (TH) 2:00 Brain Games (FR) 2:15 Poker (AR)</p>
<p>31 9:15 Catholic Service 10:30 Resident Walk & Talk 1:00 BINGO(AR) 2:30 Movie: (TH) 3:30 Women in History (FR)</p>	<p style="text-align: center;">MONDAY'S – SHOPPING DAY / ERRAND DAY!!! TUESDAY'S & THURSDAYS – Doctors' Appointments</p> <p style="text-align: center;">****SIGN UP FOR TRANSPORTATION AND OUTINGS AT RECEPTION DESK!! *** AR=Activity Room DR=Dining Room CY=Courtyard FR=Fireplace Room L=Lobby PD=Private Dining TH=Theater Room</p>					

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Activities Sometimes Change. Please pick up daily schedule at the Front Desk.