

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Heritage Place

							10:00 Resident Council 1:30 Christmas Movie 3:30 Fun Fitness
10:00 LDS Services 2:30 Priesthood & RS 7:00 Hymns W/Youth	11:00 Exercise Class 1:30 Book Club 1:45 Water Aerobics 3:00 Sing Along 6:45 LDS Services <small>First Day of Hanukkah</small>	11:00 Exercise Class 1:30 Card Craft w/Ann 3:30 Fun Fitness 5:30 Nail Spa 6:30 Piano Performance	10:00 Town Hall 10:30 Meal Planning 11:00 Ask-A-Nurse 1:30 Cranium Crunches 1:45 Water Aerobics 2:30 High School Music 5:30 Ball Toss 7:00 Youth Group	10:00 Blood Pressure 10:30 Stampede 2:00 Minding Motion 3:30 Crossword Puzzle 5:30 Wood Painting Class 7:15 Children Singing	10:30 Balance Fitness 11:00 Word Search 1:30 Trivia 1:45 Water Aerobics 2:00 Christmas Dot to Dot 3:00 Piano Solo in Chapel 5:30 BINGO		1:30 Christmas Movie 3:30 Fun Fitness
10:00 LDS Services 2:30 Priesthood & RS 7:00 Hymns W/Youth	11:15 Mustang Choir 1:30 Music W/Sherry 1:45 Water Aerobics 3:00 Sing Along 6:45 LDS Services	11:00 Exercise Class 1:30 Music W/Steph 2:00 Poetry Club 2:30 Craft Time 6:00 Harp & Piano Music	11:00 Exercise Class 1:30 Winnie & Helen 1:45 Water Aerobics 3:00 BINGO 6:00 Young Women's Group	10:30 Shopping Walmart 2:00 Minding motion 3:30 Crossword Puzzle 6:15 Music W/Children	10:30 Balance Clinic 11:00 Word Search 1:30 Trivia 1:45 Water Aerobics 3:45 Music W/ Children 6:00 Games W/Youth Group		1:30 Fun Fitness 3:30 Musical Variety Show
10:00 LDS Services 2:30 Priesthood & RS 7:00 Hymns W/Youth	11:00 Exercise Class 1:30 Book Club 1:45 Water Aerobics 3:00 Sing Along 6:45 LDS Services	10:30 High School Music 1:30 Managers Comp 3:30 Craft Time 6:00 Violinist	11:00 Exercise Class 1:30 DUP 1:30 Craft Time 1:45 Water Aerobics 3:00 BINGO 6:30 Piano Solo	10:30 Shopping Smiths 2:00 Minding Motion 3:00 BINGO 6:00 Pajama Christmas Party	10:30 Balance Clinic 11:00 Word Search 1:30 Music W/Bob 3:00 BINGO <small>Winter Begins</small>		1:30 Christmas Movie 3:30 Fun Fitness
10:00 LDS Services 2:30 Priesthood Services 7:00 Hymns W/Youth	11:00 Exercise Class 1:30 Book Club 2:30 Health Lecture 3:00 Sing Along	MERRY CHRISTMAS <small>Christmas Day</small>	11:00 Exercise Class 1:30 Wood Painting Class 3:00 BINGO 1:45 Water Aerobics <small>Kwanzaa Begins</small>	10:30 Shopping Walmart 2:00 Minding Motion 3:00 Crossword Puzzle 5:30 BINGO	10:30 Balance Clinic 11:00 Word Search 1:30 Trivia 3:00 BINGO 5:30 Ball Toss		1:30 Movie Time 3:30 Fun Fitness
10:00 LDS Services 2:30 Priesthood & RS 7:00 Hymns W/Youth	11:00 Exercise Class 1:30 Count Down to the New Year Party <small>New Year's Eve</small>	Heritage Place Senior Living 1150 South Main Bountiful, Utah 801-298-3241 Activities are subject to change due to wants and needs of Residents.					