




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:45 Sit and stretch 10:30 Sunday Funnies 1:30 Trivia 2:15 Movie and snack Church service TBA Palm Sunday	9:30 Exercise 10:00 Brain games- riddles 10:30 Trivia 11:00 Picture taking for tomorrows gardening group 1:30 Scenic ride 2:00 Movie and snack 6:00 Activities with staff All Fools' Day	9:30 Exercise 10:00 Jar journaling 10:30 Gardening group- Chia heads 1:30 Bingo 3:00 Cross word puzzle 3:45 Wheel of fortune 4:30 One on one	9:30 Exercise 10:00 Brain games 10:30 Name that resident game 1:30 Virtual vacation to Greenland 3:00 Lee Library Trip 6:00 Activities with staff	9:30 Exercise- Yoga 10:00 Sing-a-long 10:30 Cooking group- fried green beans and kale chips 1:30 Music with Chris Ekblom	9:30 Exercise 10:00 Coffee and donut social 10:30 Brain games 11:00 Butterfly place trip and car picnic 6:00 Activities with staff	9:45 Sit and stretch 10:15 Trivia 1:30 Balloon tennis 2:00 Movie and snack
9:45 Sit and stretch 10:30 Sunday Funnies 1:30 Trivia 2:15 Movie and snack	9:30 Exercise 10:00 Brain games 10:45 Blind fold challenge- green foods 1:30 Scenic ride 2:00 Movie and snack 6:00 Activities with staff	9:30 Exercise 10:30 Music with Tim and Tilly 1:30 Music Bingo 3:00 Trivia	9:30 Exercise 10:00 Brain games 10:30 Gardening group 1:30 Spa treatment social- manicures, facials and meditation with friends 6:00 Activities with staff	9:30 Jar journaling 10:00 Board game social 11:30 Lunch outing 1:30 Exercise- yoga 2:00 Trivia 2:45 Cross word 3:30 Word games	9:30 Exercise 10:00 Brain games 10:30 crafting to music social 1:30 NHSPCA trip 6:00 Activities with staff	9:45 Sit and stretch 10:15 Trivia 1:15 Cinderella at the ROH- early lunch
9:45 Sit and stretch 10:30 Sunday Funnies 1:30 Trivia 2:15 Movie and snack Church service TBA Palm Sunday	9:30 Exercise- Yoga 10:00 Brain games 10:30 Titanic trivia 11:00 Cross word puzzles 1:30 Scenic ride- drawing landscapes 2:00 Movie- Titanic 6:00 Activities with staff Titanic Remembrance Day	9:30 Bingo 11:00 Brain games 1:30 Gardening group 2:15 Ice cream social and music with Barry	9:30 Grand Buddy visits- Planting activity, one on one, etc. 11:00 Ireland Trivia 12:00 Irish Lunch 1:30 Virtual vacation to Ireland 6:00 Activities with staff	9:45 Bingo 11:00 Jar journaling 1:30 Music with Roger and Sheila 2:30 Look alike social- Find a friend to be your "twin" for the day Look alike day	Morning activities TBA 1:30 Exercise 2:00 Brain games 2:30 UNH Dairy Barn trip 2:45 Board games 4:00 Trivia 4:30 One on ones 6:00 Activities with staff Good Friday	9:45 Sit and stretch 10:15 Trivia 1:30 Balloon tennis 2:00 Movie and snack
9:45 Sit and stretch 10:30 Easter activities 12:00 Easter dinner with family and friends 1:30 Trivia 2:15 Movie and snack Church service TBA Easter Sunday	9:30 Exercise 10:00 Brain games 10:30 Cooking group- Chocolate mint cupcakes 1:30 Scenic ride- bird watching bingo 2:00 Movie and snack 6:00 Activities with staff Earth Day	9:30 Exercise- Putt Putt Challenge 11:00 Shirley Temple trivia 1:30 Shirley Temple Bingo Bash 3:00 Shirley Temple video Legend- Shirley Temple	9:30 Exercise 10:00 Brain games 10:30 Green themed jeopardy 1:30 Resident council 2:00 Green veggie smoothie making 6:00 Activities with staff	9:30 Exercise 10:00 Penguin trivia 10:30 Penguin craft 1:30 Bingo 3:00 Penguin themed happy hour World Penguin Day	10:00 Currier Museum and car picnic lunch- landscape paintings 1:30 Exercise- yoga 2:30 Brain games 3:15 Crafting to music 6:00 Activities with staff Arbor Day	9:45 Sit and stretch 10:15 Trivia 1:30 Balloon tennis 2:00 Movie and snack
9:45 Sit and stretch 10:30 Sunday Funnies 1:30 Family Day- snacks and activities; Crafts- stepping stones Planting activity	7:30 Aquarium trip- going green for the ocean 9:30 Exercise 10:15 Bingo in the great room 11:15 Name 5 11:30 one on one 1:00 Brain games 6:00 Activities with staff	9:30 Exercise 10:00 Country Music with Don Smith 11:00 Willie Nelson trivia 2:00 Senior Bullying lecture - refreshments provided Legend- Willie Nelson	 <div style="display: flex; align-items: center; justify-content: center;"> <div style="margin-right: 10px;"> <p>100% true blue™</p> </div> <div style="text-align: center;"> <h1 style="color: blue;">April 2019</h1> <h2 style="color: blue;">Dimension- Social</h2> <h2 style="color: green;">Theme Going green</h2> </div>  </div>			