

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

Monthly Theme "Livin' in the New"

		<p>9:30 Exercise 1 10:00 Coffee and donut social 10:30 Jar Journaling 11:00 Have you ever?</p> <p>Pajama Party New Year's Day</p>	<p>9:30 Exercise 2 10:00 Balloon tennis 10:30 Trivia 11:00 Brain games 1:30 Make a new friend social 3:00 Games 6:00 Activities with staff</p>	<p>9:30 Exercise 3 10:00 7 Dimensions of Health 1:30 Bingo 3:00 Book Club</p>	<p>9:30 Exercise 4 10:00 Are you smarter than a 5th grader 11:00 Brain games 1:30 Trivia contest- prizes awarded 6:00 Activities with staff</p> <p>Trivia Day</p>	<p>9:45 Sit and stretch 5 10:15 Trivia 1:30 Balloon tennis 2:00 Movie and snack</p>
<p>9:45 Sit and stretch 6 10:30 Sunday Funnies 1:30 Trivia 2:15 Movie and snack</p>	<p>9:30 Christmas Clean Up social 7 11:00 Brain games 1:30 Scenic Ride- 3:00 Timeless Trivia 6:00 Activities with staff</p>	<p>9:30 Exercise 8 10:00 Volunteering group 1:30 Bingo 3:00 Lee library trip</p>	<p>9:30 Exercise 9 10:00 Jeopardy 11:00 Brain games 1:30 Make a new friend social 3:00 6:00 Activities with staff</p>	<p>9:30 Exercise 10 10:00 Balloon tennis 10:30 Trivia 11:00 Jar Journaling 1:30 Bingo 3:00 Book Club</p>	<p>9:30 Exercise 11 10:00 Balloon tennis 10:30 Word puzzles 11:00 Brain games 1:30 Board games 6:00 Activities with staff</p>	<p>9:45 Sit and stretch 12 10:15 Trivia 1:30 Balloon tennis 2:00 Movie and snack</p>
<p>9:45 Sit and stretch 13 10:30 Sunday Funnies 1:30 Trivia 2:15 Movie and snack TBA- Mama Mia- theater trip to ROH</p>	<p>9:30 Manicures 14 10:45 Facials 1:30 Pedicures 2:30 Meditation 3:00 Timeless Trivia 6:00 Activities with staff</p> <p>Spa Day</p>	<p>9:30 Exercise 15 10:00 Volunteering group 1:30 Bingo 3:00 Puzzles</p>	<p>9:30 Grand buddy visit 16 1:30 Make a new friend social 3:00 Trivia 6:00 Activities with staff</p>	<p>9:30 Exercise 17 10:00 Don Smith- Country music 11:00 Ben Franklin- trivia 1:30 Book Club 3:00 Happy Hour- Kirkwood drink</p> <p>Legend: Ben Franklin</p>	<p>9:30 Exercise 18 10:00 Deal or no deal 11:00 Brain games 1:30 Movie- Christopher Robin 6:00 Activities with staff</p> <p>Legend: A.A.Milne</p>	<p>9:45 Sit and stretch 19 10:15 Trivia 1:30 Balloon tennis 2:00 Movie and snack</p>
<p>9:45 Sit and stretch 20 10:30 Sunday Funnies</p>	<p>9:30 Exercise 21 10:00 All about MLK 11:00 Brain games 1:30 Scenic Ride- 3:00 Timeless Trivia 6:00 Activities with staff</p> <p>Martin Luther King Day Tu B'Shevat</p>	<p>9:45Bingo 22 11:00 Trivia 1:30 Virtual vacation to- Mystery destination</p>	<p>9:30 Exercise 23 10:00 Cooking group- Pie making 1:30 Make a new friend social- pie social 6:00 Activities with staff</p> <p>National Pie Day</p>	<p>9:30 Exercise 24 10:00 Mystery activity 10:30 Brain games 11:00 Jar Journaling 1:30 Bingo 3:00 Book Club</p>	<p>9:30 Exercise 25 10:00 Balloon tennis 10:30 Brain games 11:30 Bowling and lunch trip 6:00 Activities with staff</p>	<p>9:45 Sit and stretch 26 10:15 Trivia 1:30 Balloon tennis 2:00 Movie and snack- <i>Wayne Gretzky: Above and Beyond</i></p> <p>Legend: Wayne</p>
<p>9:45 Sit and stretch 27 10:30 Sunday Funnies 1:30 Trivia 2:15 Movie and snack 1:30 Sunday Funday- family day</p> <p>Clean out your closet- we will take donations to Savers</p>	<p>9:30 Exercise 28 10:00 Bird Watching club 11:00 Brain games 1:30 Resident council 3:00 Timeless Trivia 6:00 Activities with staff</p> <p>Australia Day (observed)</p>	<p>9:30 Exercise 29 10:00 Cross word puzzle 11:00 Word Puzzles 1:30 Bingo 3:00 Book club</p>	<p>9:45Bingo 30 11:00 Brain games 1:30 Art Museum trip 6:00 Activities with staff</p>	<p>9:30 Exercise 31 10:00 Clay work class 11:00 Trivia 1:30 Paint Party</p> <p>Inspire your <3 w/ art</p>	<p>Please note all activities are subject to change</p> 	

