



pinerockmanor

3 Denny Hill Road • Warner, NH 03278 • (603) 456-3181

August 2018

You're Invited Monthly BBQ

Wednesday, August 22nd
at 12:00

Menu will include: Hamburgers,
hot dogs, potato salad, and
tossed salad.

Watermelon for dessert.



If you would like to join us
please **RSVP by 8/14**
To Tina/Activities

2nd Annual Alzheimer's Benefit Dinner



Tuesday August 28th from 5-7

Pine Rock Manor is hosting our
2nd Annual Alzheimer's
Benefit Dinner

at the United Church of Warner.
Menu will include: Tossed salad,
spaghetti & meatballs, garlic
sticks & dessert. Along with
coffee, water & soda.

Admission is \$10 per person
Raffles and 50/50

If you are interested in helping
fund this event or participate in
any way

please contact

Tina/Activities Director

pinerock.ad@blueharborsl.com

Management Team

Office Hours

Monday - Friday
8:00 - 4:30

Executive Director

Rick Deschenes

Health Services Director

Coral Grady

Business Office Manager

Kimberly Peterson

Community Relations Director

Catherine Cournoyer

Activities Director

Tina Davis

Dining Services Director

Jean Gallagher

If you would like to meet with a
member of our team, please call
to schedule an appointment.



August Birthdays

- 8/1 Maria D
- 8/11 William M
- 8/18 Connie D
- 8/31 Norma E

Upcoming Events

- 8/8 Outing/Train Ride
- 8/14 Resident Shopping Trip
- 8/21 Outing/Ice Cream
- 8/22 BBQ
- 8/22 Entertainer 2:00
- 8/24 Outing/Aviation Museum
- 8/27 Outing/Ice Cream
- 8/28 Alzheimer's Dinner

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Pine Rock Manor Senior Living
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Find us on 



Trivia Whiz

Tenpin Tidbits

A popular pastime all year long, the sport of bowling is recognized every August on the second Saturday of the month, National Bowling Day.

The sport may have been around as early as 3200 B.C., as evidenced by Egyptian artifacts.

Bowling balls can weigh 10 to 16 pounds, and have two or three finger holes.

Regulation bowling pins are 15 inches tall and made of hard maple wood.

In the game's triangular setup of 10 pins, the pin that stands in the center is known as the kingpin.

Bowling three strikes in a row is called a "turkey."

In 1947, bowling lanes were built inside the White House as a birthday present for President Harry S. Truman.

How Does Your Garden Grow?

Pine Rock Manor's garden is doing pretty well. Here are some current pictures to show our progress.



In our raised beds we are growing... sweet peppers, and bell peppers.



Two varieties of tomatoes, Beef Master and Early Girls.



Our eggplant is just beginning to show.



As well as our Zucchini. Residents enjoy the weekly maintenance of the garden. Weeding, watering and watching the progress is exciting. We are still waiting on our cucumbers, as we have plans to do some pickling. Stay tuned for more pictures as our garden grows.

Sunapee Harbor Cruise

Another wonderful trip on Lake Sunapee. Residents were on board for an afternoon cruise recently. The weather was beautiful and the guided tour was excellent.



This outing is one of our favorites. Residents can enjoy the breeze of the lower deck or bask in the sun on the upper deck. Either way it is a relaxing time and we look forward to this trip every year.



Nancy, Carol & Connie in front of the M.V. MT. Sunapee II.



Wit & Wisdom

“Watch a child play, and you will see real power. They are fearless.”
—Gray Scott

“Play keeps us vital and alive. It gives us an enthusiasm for life that is irreplaceable. Without it, life just doesn’t taste good.”
—Lucia Capacchione

“It is a happy talent to know how to play.”
—Ralph Waldo Emerson

“We are never more fully alive, more completely ourselves, or more deeply engrossed in anything than when we are playing.”
—Charles Schaefer

“Play is our brain’s favorite way of learning.”
—Diane Ackerman

“The supreme accomplishment is to blur the line between work and play.”
—Arnold J. Toynbee



Float through the **LAZY DAYS**
of
SUMMER!

*The first
root beer float
was created
Aug. 19, 1893.*



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