





























March 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:45 Morning Stretch 10:30 Let's You Tube 11:15 Balance Group 2:00 Bingo  3:15 Puzzles	<b>2</b> 
<b>3</b>  Let's Get Physical	<b>4</b> 9:45 Morning Stretch 10:30 Balloon Toss 11:15 Helping Hands 2:00 Craft Time 3:15 Trivia	<b>5</b> 9:45 Morning Stretch 10:30 Tea Time 11:15 Meditation <b>Mardi Gras</b>  <b>Ice Cream Social</b>	<b>6</b> 10:00 Weights Class 11:15 Puzzles  1:00 Sensory/Aroma 2:00 Manicures 3:30 Memory Lane	<b>7</b> 9:45 Morning Stretch <b>10:30 Church Service</b> 11:15 Helping Hands 2:00 Active Games  3:15 Story Time	<b>8</b> 9:45 Morning Stretch 10:30 Let's You Tube 11:15 Balance Group 2:00 Bingo  3:15 Puzzles	<b>9</b> 9:30 Connections 10:30 Morning Stretch 11:15 Word Games 1:30 Pokeno 2:45 Balloon 3:15 Puzzles
<b>10</b> 9:30 Connections  10:30 Short Stories 11:15 Helping Hands 1:30 Matinee/Snack 3:15 Sensory/Aroma	<b>11</b> 9:45 Morning Stretch 10:30 Balloon Toss 11:15 Helping Hands <b>2:00 Pet Therapy</b>  3:15 Trivia	<b>12</b> 9:45 Morning Stretch 10:30 Tea Time 11:15 Meditation  <b>2:00 Entertainer</b>  3:30 Table Games	<b>13</b> 10:00 Weights Class 11:15 Puzzles  <b>1:00 College Students</b> 2:00 Manicures 3:30 Memory Lane	<b>14</b> 9:45 Morning Stretch <b>10:30 Church Service</b> 11:15 Helping Hands 2:00 Active Games  3:15 Story Time	<b>15</b> <b>Outing</b> 9:45 Morning Stretch 10:30 Let's You Tube 2:30 Bingo  3:15 Puzzles	<b>16</b> 
<b>17</b> 9:30 Connections 10:30 Short Stories 11:15 Helping Hands <b>1:30 St. Patricks Day</b>  <b>Strolling Social</b>	<b>18</b> 9:45 Morning Stretch 10:30 Balloon Toss 11:15 Helping Hands 2:00 Craft Time 3:15 Trivia	<b>19</b> 9:45 Morning Stretch 10:30 Tea Time  11:15 Meditation 2:30 Music Memories 3:30 Table Games	<b>20</b> 10:00 Weights Class 11:15 Puzzles  <b>1:30 Church Service</b> 2:00 Manicures 3:30 Memory Lane	<b>21</b> 9:45 Morning Stretch 10:30 Connections 11:15 Helping Hands 2:00 Active Games  3:15 Story Time	<b>22</b> 	<b>23</b> 9:30 Connections 10:30 Morning Stretch 11:15 Word Games 1:30 Pokeno 2:45 Balloon 3:15 Puzzles
<b>24</b> <b>10:00 Worship and Communion</b>  11:15 Helping Hands 1:30 Matinee/Snack 3:15 Sensory/Aroma	<b>25</b> 9:45 Morning Stretch 10:30 Balloon Toss 11:15 Helping Hands <b>2:00 Pet Therapy</b>  3:15 Trivia	<b>26</b> 9:45 Morning Stretch 10:30 Tea Time  11:15 Meditation 2:30 Music Memories 3:30 Table Games	<b>27</b> 10:00 Weights Class 11:15 Puzzles  <b>1:00 College Students</b> 2:00 Manicures 3:30 Memory Lane	<b>28</b> 9:45 Morning Stretch 10:30 Connections 11:15 Helping Hands 2:00 Active Games  3:15 Story Time	<b>29</b> 9:45 Morning Stretch 10:30 Let's You Tube 11:15 Balance Group 2:00 Bingo  3:15 Puzzles	<b>30</b>  Spring Cleaning
<b>31</b> <b>How did you do?</b> 	Notes: <b>Activities are subject to Change.</b>					