



9 Grant Road • Newmarket, NH 03857 • (603) 659-6000

## August 2018

### Awesome August

August will surely be awesome! With all that we have planned how could it be anything else?! Keep a sharp eye on our trip out calendar for baseball, BBQs and drives to the beach.

The dog days of summer will not keep us down! To keep cool we will make our own ice cream sandwiches, ice cream floats and banana split smoothies!

Our pie social and baking contest on August 24th at 2:30 is always a delicious good time.

Bingo for a Cause on August 27th at 2:30 is one of our efforts to raise money for the Alzheimer's Association. Every year we raise as much money as we can and then participate in the Walk to End Alzheimer's. If you have any questions or any interest in walking please contact us at 659-6000.

### Warm Welcome!

You may have noticed a fresh young face around The Pines! Her name is Elizabeth Attisano. Elizabeth is our permanent part time activity assistant. She is a resident of Lee and a recent graduate of the UNH. She is an enthusiastic addition to our community. Elizabeth is super friendly and hard working with an ability to adapt to a variety of situations. She enjoys people, children, animals and spending time with her family. We are thrilled to have her here!



### Make Time to Play

Scientists say it's good for grown-ups to make time for engaging, pleasing activities for their overall health. The fun of play often involves laughter, which releases the feel-good brain chemical dopamine and boosts your mood. Research shows that incorporating play into your life can help reduce stress, foster better relationships and improve coping skills in everyday situations.



Playful garden walks make for an awesome afternoon!

### Office Hours

April Bourdon ED ..... M/F 8-4:30  
Sherry Pomeroy BOM ... M/F 7-3:30  
Becky Boccio HSD ..... M/F 8-4:30  
Emilee Lavigne CRD ..... M/F 9-5  
Gail Bukowski AD ..... M/F 8-4:30  
Jason Deering MS ..... M/F 8-4  
Heather Szumita ..... T/TH  
Hairdresser

### Fair Fun

Across the country, summertime fun may include a trip to a state fair.

You'll find America's largest in Dallas, where the Texas State Fair draws more than 3 million people every year.

The title of the nation's first

goes to the Great New York State Fair, held annually in Syracuse since 1841.





## Trivia Whiz

### Tenpin Tidbits

A popular pastime all year long, the sport of bowling is recognized every August on the second Saturday of the month, National Bowling Day.

The sport may have been around as early as 3200 B.C., as evidenced by Egyptian artifacts.

Bowling balls can weigh 10 to 16 pounds, and have two or three finger holes.

Regulation bowling pins are 15 inches tall and made of hard maple wood.

In the game's triangular setup of 10 pins, the pin that stands in the center is known as the kingpin.

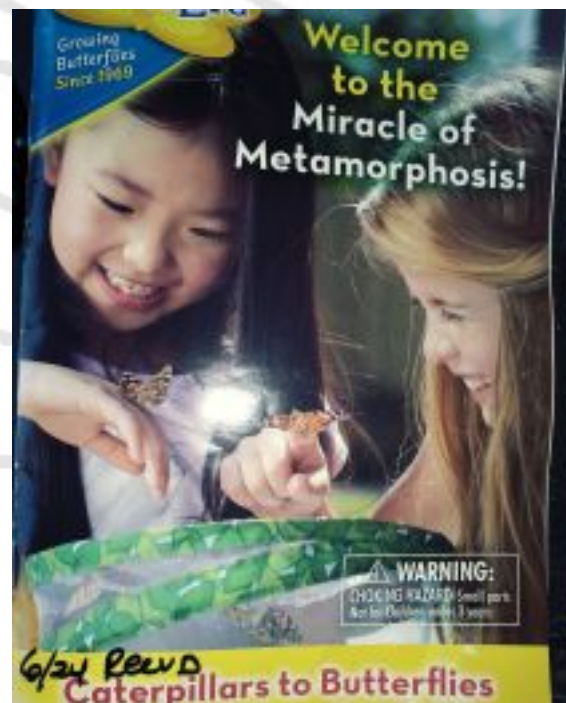
Bowling three strikes in a row is called a "turkey."

In 1947, bowling lanes were built inside the White House as a birthday present for President Harry S. Truman.

## BUTTERFLY HATCHING AND RELEASE PARTY

Here at The Pines we love science and nature! This year was our second successful year in a row to hatch butterflies. We loved learning the caterpillar to butterfly process. What a thrill to watch them hatch before our eyes, spread their wings and fly! Even people who claimed to dislike bugs fell in love with them!

Mother Nature is truly a fantastic force!



## Thin 'n' Goopy S'more Cookies

Ingredients:

- 2 1/3 cups flour
- 1/2 cup graham cracker crumbs, finely crushed
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 2 sticks unsalted butter, room temperature
- 1 cup light brown sugar
- 1/2 cup sugar
- 2 teaspoons vanilla
- 2 large eggs, room temperature
- 2 cups semi-sweet chocolate chips
- 1 cup mini marshmallows
- 2 sheets graham crackers, roughly chopped

DIRECTIONS-

1. Preheat oven to 375°F. Line 2 baking sheets with parchment paper.
2. Combine flour, graham cracker

- crumbs, baking soda, and salt in a medium bowl.
3. Cream butter and sugars in the bowl of a stand mixer for 2-3 minutes until fluffy. Beat in vanilla and eggs.
4. Reduce mixer speed to low and gradually pour in the flour mixture.
5. Using a wooden spoon, stir in chocolate chips, marshmallows, and chopped graham crackers.
6. Roll 3 tablespoonfuls of dough into balls and place on the prepared baking sheet.
7. Bake 11-12 minutes. Allow to cool 10 minutes.

Makes about 2 dozen





## A Few of Our Favorite Summer Moments



EVERYDAY HEROES CEREMONY @ NEWMARKET ELEMENTARY SCHOOL



HAPPY FRIDAY FACES



ACCORDION MAGIC WITH GARY



BEACH TRIP



SUNNY MORNING SMILES



POOL PARTY



## Wit & Wisdom

### AUGUST BIRTHDAYS

ALICE KENNEDY 8/5

DONALD FORBES

8/17

NELLIE ANDERSON

8/21

LAMURIEL

KIRKPATRICK 8/23

LOLA TOURIGNY

8/27

FRANK PILAR 8/28

ALICE GINGRAS

8/30

Hooray hooray today

is your day,

The day you turn

another age away,

Into the bin your old

age goes,

In with the new one in

it flows,

Today is your day

don't hesitate, live

your life as new age

today!



## August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August			1 11:00 FISHER CATS BASEBALL TRIP	2 3:00 ICE CREAM SANDWICH DAY SOCIAL	3 2:30 SUMMER POOL PARTY	4
5 1:30 SUNDAY AFTERNOONS W/ ELIZABETH	6	7 1:00 LIGHTHOUSE DAY SCENIC DRIVE	8	9	10 	11
12 1:30 SUNDAY AFTERNOONS W/ ELIZABETH	13 ELVIS WEEK!	14 11:30 PICNIC LUNCH AND TRAIL WALK	15	16 1:30 GOLD RUSH BINGO	17 AVIATION DAY PLANE PROJECT AND TRIP OUT	18
19 1:30 SUNDAY AFTERNOONS W/ ELIZABETH	20 	21 2:30 ENTERTAINMENT W/ GARY S.	22	23	24 2:30 PIE SOCIAL AND CONTEST	25
26 1:30 SUNDAY AFTERNOONS W/ ELIZABETH	27	28 1:30 TRIP OUT/ ART WALK	29	30 11:30 BBQ @ KIRKWOOD CORNERS	31	

# “This Month In History”

## AUGUST

**1909:** The U.S. military enters the aviation age when the Army purchases its first airplane, the Wright Military Flyer, built by the Wright brothers.

**1910:** Chicago engineer Alva J. Fisher receives a patent for his electric motor-powered washing machine. The washer was sold under the brand name Thor.

**1939:** Business tycoon and pilot Howard Hughes receives the

Congressional Gold Medal for “advancing the science of aviation.”

**1942:** The Battle of Guadalcanal begins. It was the first major Allied offensive in the Pacific during World War II.

**1957:** With teens dancing to the day’s hit music, “American Bandstand,” hosted by Dick Clark, starts broadcasting nationwide.

**1962:** Spider-Man makes his debut in the comic book “Amazing Fantasy” issue No. 15, published by Marvel Comics.

**1970:** Introduced by Neil Diamond at a club in Hollywood, singer Elton John performs his first show in the U.S.

**1981:** The IBM Personal Computer goes on sale with a price tag of \$1,565.

**1993:** Parisian officials welcome the 150 millionth visitor to the Eiffel Tower since it opened in 1889.

**2001:** Astronomers announce the discovery of the first solar system outside our own when they identify two planets orbiting a star in the Big Dipper constellation.

**2008:** China’s capital city of Beijing hosts the Summer Olympic Games.

**2017:** In a rare coast-to-coast total solar eclipse, the moon’s shadow sweeps across 14 U.S. states.