

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 The year was... (3) 10:30 Fitness with Mark (3) 1:30 Wikipedia trivia game (ck) 2:30 Wii Bowling (ck) 3:30 Sorry Game (ck)</p>	<p><b>Happy Birthday Burt S.!</b> <b>1</b> <b>Happy Birthday Andrew T.!</b> 9:30 Inspiring environmental news stories (3) 10:00 Chair exercise w/Ed (3) 1:00 Giant Eagle trip 1:00 Pittsburgh Pirates baseball (4) 3:00 Deal or no deal (ck) <small>All Fools' Day</small></p>	<p><b>2</b> 9:30 April Gazette (3) 10:00 Fitness w/Susannah (3) 1:30 Popcorn Tuesday and Cards (ck) 3:00 Aroma therapy and a guide to meditation (ck) 6:00 Prize Bingo (ck)</p>	<p><b>3</b> 9:30 Creative Musings (3) 10:00 Lean &amp; Limber w/Ed (3) <b>12:30 Trip to Science Center/Da Vinci Exhibit</b> <b>2:00 World News w/Joel (ck)</b> <b>3:30 Find a Rainbow Day and Rainbow Sherbet (ck)</b></p>	<p><b>4</b> 9:30 April Birthday Quiz (3) 10:00 Strengthening w/Ed (3) 10:30 Guest speaker: Forestry Division of Pittsburgh (ck) 1:30 Shuffleboard (ck) 2:30 Money L.C.R. Game (ck) <b>3:30 Modern Jeopardy (ck)</b></p>	<p><b>5</b> <b>Happy Birthday Dr. Feist!</b> <b>10:00 Communion (4)</b> 10:00 Fitness with Ed (3) 1:30 Shabbat Service (ck) 2:00 Happy Hour with Pat Heiserman (dr) 3:30 Scrabble (ck)</p>	<p><b>Happy Birthday Angeline D.!</b> <b>6</b> 10:30 Sittercise w/Ginger (3) 11:00 Juice Bar (ck) 1:00 Brain games (ck) 2:20 Prize Bingo (ck) 3:30 Tech corner with Pitt students (ck)</p>
<p><b>Happy Birthday MaryAnne L.!</b> <b>7</b> 9:30 Knowledge in a Nutshell Trivia (3) 10:00 Sit n' stretch (3) <b>1:30 Symphony Trip</b> 2:30 Word search puzzles (ck) 3:30 Poker card game (ck)</p>	<p><b>Happy Birthday Anne S.!</b> <b>8</b> 9:30 Who am I quiz (ck) 10:00 Chair exercise w/Ed (3) 1:00 Giant Eagle trip 1:30 Person/place/thing? (ck) <b>3:00 Crafts with Oakland Catholic students (ck)</b></p>	<p><b>9</b> 9:30 On this day (ck) 10:00 Fitness w/Susannah (3) <b>1:30 Popcorn Tuesday and Crosswords (ck)</b> 2:30 Pipers of the Trenches – Bagpipe documentary (ck) 6:00 Prize Bingo (ck)s</p>	<p><b>Happy Birthday Frank N.!</b> <b>10</b> 10:00 Lean &amp; Limber w/Ed (3) 1:00 Classic TV jingles (ck) <b>2:00 African American Spirituals and the bible with Jim McKenna (ck)</b> 3:30 Shut the box (ck) 6:00 Skip-Bo card game (ck)</p>	<p><b>11</b> 10:00 Strengthening w/Ed (3) 1:30 Parkinson's Awareness Day (ck) 3:30 My Kingdom for a Word game (ck) <b>5:30 Pub night &amp; trivia (ck)</b></p>	<p><b>12</b> <b>10:00 Mass &amp; Communion (4)</b> 10:00 Fitness with Ed (3) 11:00 Saint Elias Fish Fry 1:00 Shabbat Service (ck) 2:00 Happy hour w/Kim Hawkins (dr) <b>5:45 Animal Friends (3)</b></p>	<p><b>13</b> 10:30 Sittercise w/Ginger (3) 11:00 Refreshing drinks (3) 1:00 What am I quiz? (ck) 2:20 Prize Bingo (ck) 3:30 Tech corner with Pitt students (ck)</p>
<p><b>14</b> 10:30 Fitness with Mark (3) 1:00 Documentary: "Red State Road Trip" (4) <b>1:30 Symphony Trip</b> 2:30 Cranium crunches (ck) <small>Palm Sunday</small></p>	<p><b>Happy Birthday Dorothy B.!</b> <b>15</b> 9:30 Humor of the day (ck) 10:00 Chair exercise w/Ed (3) 1:00 Giant Eagle trip 1:30 Air Hockey (ck) <b>3:30 Hip Hop dance chair class with Rondae Drafts (ck)</b></p>	<p><b>16</b> 9:30 April IQ Quiz (3) 10:00 Fitness w/Susannah (3) <b>1:30 Cookie club: Mint Hershey Kiss cookies (ck)</b> 3:00 Raw Environmental art of Andy Goldsworthy (ck) 6:00 Prize Bingo (ck)</p>	<p><b>17</b> 10:00 Lean &amp; Limber w/ Ed (3) 10:00 Trip to Shenot's Farm &amp; Market <b>2:00 World News w/Joel (ck)</b> 3:30 Secret Gardening Quote puzzles (ck)</p>	<p><b>18</b> 9:30 10:00 Strengthening w/Ed (3) 1:30 A Home run with poetry (ck) <b>2:30 Freckled lemonade and popcorn social (ck)</b> 5:30 Movie at the Gardens: "42" (4)</p>	<p><b>19</b> 10:00 Fitness with Ed (3) 1:00 Shabbat Service (ck) 2:00 Happy hour w/Ron D'Amico (dr) <b>3:30 Resident Entertainment Committee Meeting (ck)</b> <small>Good Friday</small></p>	<p><b>20</b> 10:30 Sittercise w/Ginger (3) 11:00 Fruit rejuvenation (3) 1:00 Word puzzles (ck) 2:20 Prize Bingo (ck) 3:30 Tech corner with Pitt students (ck)</p>
<p><b>21</b> 10:00 Sit n' stretch (3) <b>11:30 Easter Lunch</b> 1:30 Decorate Easter Eggs (4) 3:00 Documentary: Pittsburgh From the Air (4) <small>Easter Sunday</small></p>	<p><b>22</b> 9:30 Ways we can help the Earth (3) 10:00 Chair exercise w/Ed (3) 1:00 Giant Eagle trip 1:30 Earth day puzzles (4) <b>3:30 Seder Services (ck)</b> <b>Reservations are required!</b> <small>Earth Day</small></p>	<p><b>23</b> 9:30 Discuss and Recall (ck) 10:00 Fitness w/Susannah (3) 1:30 Wheel of Fortune (ck) <b>3:00 Travelogue: why Ningxia is heaven for archaeologists (ck)</b> 6:00 Prize Bingo (ck)</p>	<p><b>24</b> 9:30 Hand massages (ck) 10:00 Lean &amp; Limber w/Ed (3) 12:30 Trip to Highland Park Forestry Division 3:00 Dynamic ball toss (ck) 6:00 Rummikub (ck)</p>	<p><b>25</b> 9:30 What am I? (3) 10:00 Strengthening w/Ed (3) <b>1:30 Craft workshop: make your own Rain stick (5)</b> 3:00 Uno card game (ck)</p>	<p><b>26</b> <b>10:00 Communion (4)</b> 10:00 Fitness with Ed (3) 1:00 Shabbat Service (ck) 2:00 Happy hour w/ (dr) 3:30 Jenga (ck) <small>Arbor Day</small></p>	<p><b>27</b> 10:30 Sittercise w/Ginger (3) 11:00 Rejuvenation bar (3) 1:00 Cranium crunches (ck) 2:20 Prize Bingo (ck) 3:30 Tech corner with Pitt students (ck)</p>
<p><b>28</b> 9:30 New of the day (3) 10:00 Sit n' stretch (3) 1:30 Movie at the Gardens: "The Science of Sleep" (4) 2:30 Apples to Apples (ck)</p>	<p><b>29</b> 10:00 Chair exercise w/Ed (3) 1:00 Giant Eagle trip 1:30 Rebus Word Pictures (ck) 3:00 Gardening with Oakland Catholic students (ck) 6:00 Documentary Planet Earth (4)</p>	<p><b>30</b> 9:30 Daily Chronicles 10:00 Fitness w/Susannah (3) <b>2:00 Resident Council (dr)</b> 3:30 Cranium Crunches (ck) 6:00 Prize Bingo (ck)</p>	<p><b>April 2019</b> Personal Care – "Going Green" Wellness wheel: Social</p> 			