

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2018

Personal Care



							1 10:30 Sittercise (3) 11:00 Juice Bar (3) 1:00 Cognitive Puzzles (3) 2:30 Prize Bingo (ck) 3:30 Rummikub (ck)
2 9:30 St. Paul Cathedral Shuttle 10:00 Lean and limber (3) 1:30 Neat Facts about Stars (ck) 2:30 Magnetic Dart Board (ck) 3:30 Crazy 8 Card Game (ck)	3 9:30 Monthly Gazette (3) 10:00 Sit n' stretch (3) 11:30 Labor Day Picnic on the Terrace 1:30 Scrabble (ck) 2:30 Jeopardy (ck) 3:30 Word search games (ck) <small>Labor Day</small>	4 9:30 Discuss and recall (3) 10:00 Fitness w/Susannah (3) 1:30 Who am I? (ck) 2:00 Art workshop: Space Painted Suncatchers (ck) 3:30 National Geographic: Constellations (ck) 6:00 Prize Bingo (ck)	5 9:30 Daily Chronicle (3) 10:00 Fitness with Ed (3) 2:00 World news w/Joel (ck) 3:30 Learn about the Historic launch of Voyager 1 (ck) 4:30-6 Cruise Ship Dinner (dr)	6 9:30 On this day... (3) 10:00 Chair Exercise w/Ed (3) 11:00 Spa day & nail art (2) 2:00 Bingo (ck) 3:15 Travelogue: Munich - Bavarian city with tradition (ck)	7 10:00 Communion & Confessions (4) 10:00 Strengthening w/Ed (3) 1:00 Shabbat Service (ck) 2:00 Happy Hour w/Craig Zinger/ Steelers Tailgate (dr) 3:30 Knowledge in a Nutshell(ck) 5:45 Animal Friends (3)	8 10:30 Sittercise (3) 11:00 Rejuvenation bar (3) 1:00 Remembering Star Trek: History and Trivia (ck) 2:30 Prize Bingo (ck) 3:30 Shut the box (ck)	
9 PERSONAL CARE WEEK BEGINS 9:30 St. Paul Cathedral Shuttle 10:00 Lean and limber (3) 2-3 Grandparents Day Ice Cream Social (Sun porch) 3:30 Card games (ck) <small>Grandparents Day</small>	10 9:30 Coffee social (3) 10:00 Sit n' stretch w/Ed (3) 1:00 Giant Eagle Trip 1:30 Word search games (ck) 2:30 Art workshop: Galaxy in a Bottle (ck) 3:30 Spelling Bee (ck) <small>Rosh Hashanah</small>	11 8:46 Moment of Silence for Those who have passed 10:00 Zumba w/Susannah (3) 1:00 Card Games (ck) 2:00 New York videos before and post 9/11 (ck) 5-6 Music w/The Ban-Joe's (dr) 6:00 Prize Bingo (ck)	12 9:30 Trip to Flight 93 10:00 Fitness with Ed (3) 1:30 Word search puzzles (ck) 2:30 Movie at the Gardens: "Gravity" 3:40 Uno Card Games (ck)	13 10:00 Chair Exercise w/Ed (3) 1:30 Bulletin board trivia (ck) 2:00 Capture the Moment slide show presentation (ck) 3:30 Life and times of Roald Dahl (ck) 6:00 Medicare/Policy Changes Presentation w/ Mike Vetter (ck)	14 10:00 Communion (4) 10:00 Strengthening w/Ed (3) 1:00 Ring Toss (ck) 2:00 Happy Hour w/Brian Mahan (dr) 3:30 Shabbat Service (ck)	15 10:30 Sittercise (3) 11:00 Fresh Ice Tea (3) 1:00 Brain Games (ck) 2:30 Prize Bingo (ck) 3:30 Jenga (ck)	
16 9:30 St. Paul Cathedral Shuttle 10:00 Lean and limber (3) 1:30 Famous Comedians (ck) 2:30 Wii Bowling (ck) 3:30 Deal or No Deal (ck)	17 9:30 Hand Massages (3) 10:00 Sit n' stretch w/Ed (3) 1:00 Giant Eagle Trip 1:30 Name that Tune (ck) 2:00 Cooking Club: Cut out solar system cookies (ck) 3:00 Travelogue: Bolivia (ck)	18 9:30 The year was... (3) 10:00 Fitness w/Susannah (3) 1:30 What am I? (ck) 2:00 Cooking Club: Galaxy Popcorn (ck) 3:00 Star of the Month: Greta Garbo (ck) 6:00 Prize Bingo (ck)	19 9:30 Coffee Social (3) 10:00 Fitness with Ed (3) 10:30 Mystery Trip 1:30 September IQ quiz (ck) 2:00 World news w/Joel (ck) 3:30 Skip-Bo card game (ck) <small>Yom Kippur</small>	20 9:30 Meditation (3) 10:00 Chair Exercise w/Ed (3) 1:00 Computer Lab (Library) 2:00 Bingo (ck) 3:30 Wii Sports (ck) 4:30 Dinner Trip to Mitchell's Fish Market	21 10:00 Communion (4) 10:00 Strengthening w/Ed (3) 1:00 Hand Massages (ck) 2:00 Happy Hour w/Tom Lamb (dr) 3:30 Shabbat Service (ck)	22 10:30 Sittercise (3) 11:00 Fruit Rejuvenation (3) 1:00 Cranium Crunches (ck) 2:30 Prize Bingo (ck) 3:30 Apples to Apples (ck) <small>Autumn Begins Oktoberfest Begins</small>	
23 9:30 St. Paul Cathedral Shuttle 10:00 Lean and Limber (3) 1:30 Movie at the Gardens: Apollo 13 (ck) 2:00 Sorry Game (ck) 3:30 L.C.R Game (ck)	24 9:30 September IQ Quiz (3) 10:00 Sit n' stretch w/Ed (3) 1:00 Giant Eagle Trip 1:30 Cooking Club: Galaxy Candy Apple (ck) 3:00 Star gazing: Movie Star Trivia w/Oakland Catholic (ck) <small>Sukkot</small>	25 9:30 Uplifting news stories (3) 10:00 Zumba w/Susannah (3) 2:00 Resident Council (ck) 3:15 Popcorn Tuesday/Life and Times of Will Smith (ck) 6:00 Prize Bingo (ck)	26 9:30 Current Events (3) 10:00 Fitness with Ed (3) 10:30 Men's Club to the Sport's Museum 2:00 Jeopardy Trivia (ck) 3:30 Photography w/Chris (ck)	27 9:30 Monthly Birthday quiz (3) 10:00 Chair Exercise w/Ed (3) 1:30 Brain Teaser games (ck) 2:00 Sports legends (ck) 3:30 Dynamic Ball Toss (ck)	28 10:00 Communion (4) 10:00 Strengthening w/Ed (3) 1:00 Uno card game (ck) 2:00 Happy Hour w/Steve Budesky (dr) 3:30 Shabbat Service (ck)	29 10:30 Sittercise (3) 11:00 Refreshing drinks (3) 1:00 Who am I? (ck) 2:30 Prize Bingo (ck) 3:30 L.C.R Game (ck)	
30 9:30 St. Paul Cathedral Shuttle 10:00 Lean and limber (3) 1:30 Symphony Trip 3:00 Star Facts: Stellar Classification(ck)	<h1>Theme of the Month: "Star Gazing"</h1> <p>Personal Care Week September 9-14th Grandparents Day September 9th</p>						