

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

	9:00 Trip to Bimart 1 9:00 Welcome April 9:30 Exercise with Kate 10:30 Baking with Jennifer 10:30 Drive: Ingrim Island 1:15 Shopping: Dollar Tree 1:20 Black Jack Game 2:00 Memory Tones 3:00 Exercise with Junko 4:00 Margarita Monday	9:00 Today's News 2 9:30 Tai Chi Exercise 10:00 Communion 10:30 Brain Games 1:15 Flower Arranging 2:15 Horse Racing Game 3:00 Matt from the Shedd 4:00 Fast Round Trivia 5:30 Outside Chat	9:30 Kates Exercise 3 10:30 Oregon History w/Mel 11:00 National Walking Day 1:00 Nickle Bingo 2:00 Lucky Paws Animals 2:30 Art with Jaylene 3:00 Exercise with Junko 4:00 Wine Wednesday Dress in Yellow	9:00 News of the Building 4 9:30 Tai Chi Exercise 10:30 Brain Games 1:15 Resident Meeting 2:15 Make-up Eye Brow 3:00 John on Guitar 3:30 Let's Play Poker 6:00 Bingo with Paul	9:00 Getting to Know You 5 9:30 Kates Exercise 10:30 Resident Acting 10:30 Greenhill Shelter 1:15 Skinners Butte 1:30 Google Your House 2:15 Knit and Show 3:00 Exercise with Junko 4:00 Flavored Vodka	9:00 News Review 6 9:30 Tai Chi Exercise 10:30 Bible Study with Jack 11:00 Easter Craft 1:15 Brain Puzzles 2:00 Snack with Jaylene 2:30 First Modern Olympics 3:00 Nickle Bingo 4:00 Stepping Out Walk
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9:00 Start the Week Right 7 9:30 Stretch Exercise 10:00 Wii Games/Rummikub 11:00 Life Stories 1:30 Sheldon Park Store 2:00 Ice Cream Social 3:00 Nickle Bingo 4:00 You Tube Funnies	9:00 Trip to Bimart 8 9:30 Exercise with Kate 10:30 Baking with Jennifer 10:30 Drive: Lorane Hwy 1:15 Shopping: Trader Joes 1:20 Black Jack Game 2:15 Gardening Outside 3:00 Exercise with Junko 4:00 Margarita Monday	9:00 Today's News 9 9:30 Tai Chi Exercise 10:00 Communion 10:30 Brain Games 1:15 Flower Arranging 2:00 Readers Theater 3:00 Matt from the Shedd 4:00 Fast Round Trivia 5:30 Outside Chat	9:30 Kates Exercise 10 10:30 Oregon History w/Mel 11:00 Stepping Out Walk 1:00 Nickle Bingo 2:00 Lucky Paws Animals 2:30 Art with Jaylene 3:00 Exercise with Junko 4:00 Wine Wednesday Salvation Army Day	9:00 News of the Building 11 9:30 Tai Chi Exercise 10:30 Brain Games 1:15 Activity Meeting 2:15 Make-Up Lip 3:00 John of Piano 3:30 Let's Play Poker 6:00 Bingo with Paul	9:00 Getting to Know You 12 9:30 Kates Exercise 10:30 Resident Acting 10:30 Birdwatching 1:15 Voodoo Donuts 1:30 Google You House 2:15 Knit and Show 3:00 Exercise with Junko 4:00 Flavored Vodka	9:00 News Review 13 9:30 Tai Chi Exercise 10:30 Bible Study with Jack 11:00 Easter Craft 1:15 Brain Puzzles 2:00 Snack with Jaylene 2:30 Plant Appreciation 3:00 Nickle Bingo 4:00 Stepping Out Walk
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9:00 Start the Week Right 14 9:30 Stretch Exercise 10:00 WII Games/Rummikub 11:00 Life Stories 1:30 Sheldon Park Store 2:00 Sundae Sunday 3:00 Nickle Bingo 4:00 You Tube Funnies <small>Palm Sunday</small>	9:00 Trip to Bimart 15 9:30 Exercise with Kate 10:30 Baking with Jennifer 10:30 Drive: Cot. Grove Lake 1:15 Shopping: Fred Meyer 1:20 Black Jack Game 2:15 Gardening Outside 3:00 Exercise with Junko 4:00 Margarita Monday	9:00 Today's News 16 9:30 Tai Chi Exercise 10:00 Communion 10:30 Brain Games 1:15 Flower Arranging 2:15 Horse Racing Game 3:00 Matt from the Shedd 4:00 Fast Round Trivia 4:45 Dinner and a Movie	9:30 Kates Exercise 17 10:30 Oregon History w/Mel 11:00 Stepping Out Walk 1:00 Nickle Bingo 2:00 Lucky Paws Animals 2:30 Art with Jaylene 3:00 Exercise with Junko 4:00 Wine Wednesday Dress in Pastels	9:00 News of the Building 18 9:30 Tai Chi Exercise 10:30 Brain Games 1:15 Meet & Greet 2:15 Make -Up Eye 3:00 Share Your Poetry 3:30 Let's Play Poker 6:00 Bingo with Paul	9:00 Getting to Know You 19 9:30 Kates Exercise 10:30 Resident Acting 10:30 Drive to Monroe 1:15 Lynn County Museum 1:30 Google Your House 2:15 Knit and Show 3:00 Exercise with Junko 4:00 Flavored Vodka <small>Good Friday</small>	9:00 News Review 20 9:30 Tai Chi Exercise 10:30 Bible Study with Jack 11:00 Crafting with Jaylene 1:15 Brain Puzzles 2:00 Easter Egg Hunt 3:00 Nickle Bingo 4:00 Stepping Out Walk
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9:00 Start the Week Right 21 9:30 Stretch Exercise 10:00 Q. Elizabeth's Birthday 11:00 Life Stories 1:15 Mexican Train 1:30 Sheldon Park Store 2:00 Easter Tea 3:00 Nickle Bingo 4:00 You Tube Funnies <small>Easter Sunday</small>	9:00 Trip to Bimart 22 9:30 Exercise with Kate 10:30 Baking with Jennifer 10:30 Drive: Hamm Road 1:15 Shopping: Walmart 1:20 Black Jack Game 2:15 Earth Day Gardening 3:00 Exercise with Junko 4:00 Margarita Monday <small>Earth Day</small>	9:00 Today's News 23 9:30 Tai Chi Exercise 10:00 Communion 10:30 Brain Games 1:15 Flower Arranging 2:15 Ledged: Shirley Temple 3:00 Matt from the Shedd 4:00 Fast Round Trivia 5:30 Outside Chat	9:30 Kates Exercise 24 10:30 Oregon History w/Mel 11:00 Stepping Out Walk 1:00 Nickle Bingo 2:00 Lucky Paws Animals 2:30 Art with Jaylene 3:00 Exercise with Junko 4:00 Wine Wednesday Soda Fountain Day	9:00 News of the Building 25 9:30 Tai Chi Exercise 10:30 Brain Games 1:15 Let's Plan a Trip 2:15 Make-Up Foundation 3:00 Red Hat Society Day 3:30 Let's Play Poker 6:00 Bingo with Paul	9:00 Getting to Know You 26 9:30 Kates Exercise 10:30 Resident Acting 10:30 Country Bakery 1:15 Springfield Museum 1:30 Arbor/Audubon Day 2:15 Knit and Show 3:00 Exercise with Junko 4:00 Flavored Vodka <small>Arbor Day</small>	9:00 News Review 27 9:30 Tai Chi Exercise 10:30 Bible Study with Jack 11:00 Crafting with Jaylen 1:15 Brain Puzzles 2:00 Snack with Jaylene 2:30 Sense of Smell Day 3:00 Nickle Bingo 4:00 Stepping Out Walk
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9:00 Start the Week Right 28 9:30 Stretch Exercise 10:00 Wii Games/Rummikub 11:00 Life Stories 1:15 Dominos 1:30 Sheldon Park Store 2:00 Blueberry Pie Day 3:00 Nickle Bingo 4:00 You Tube Funnies	9:00 Trip to Bimart 29 9:30 Exercise with Kate 10:30 Baking with Jennifer 10:30 Drive: Mt. Tom 1:15 Shopping: St. Vincent 1:20 Black Jack Game 2:15 Gardening Outside 3:00 Exercise with Junko 4:00 Margarita Monday	9:00 Today's News 30 9:30 Tai Chi Exercise 10:00 Communion 10:30 Brain Games 1:15 Flower Arranging 2:15 Horse Racing Game 3:00 Matt from the Shedd 4:00 Fast Round Trivia 5:30 Outside Chat	<h1>April 2019</h1> <h2>Sheldon Park Assisted Living</h2>			
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Activities are subject to change.