

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2018

## Sheldon Park Illuminations

<p>9:15 Coffee &amp; News <b>5</b> 9:45 Dancercise 10:30 Daily Devotional 10:45 Gospel Songs 1:15 Spa Time 2:15 Exercise 2:45 Massage/Mimosas 4:00 Sunday Stroll</p>	<p>9:30 Current Events <b>6</b> 9:45 Chair Stretches 10:15 Fun Facts/ PGA 11:00 Helping Hands 1:30 Reminiscing 2:00 Memories/ Making 3:15 Gooney Golf 3:45 Music Trivia</p>	<p>9:30 Coffee &amp; News <b>7</b> 10:00 Exercise Fun 10:30 Trudy on Piano 11:00 Helping Hands 1:00 Stretches 1:30 Legend/Barry Bond 2:00 Gardening 3:00 Matt on Piano</p>	<p>9:15 News of the Day <b>1</b> 9:30 Boarding Bus 10:00 Fern Ridge 11:00 Helping Hands 1:15 Strength &amp; Stretch 2:00 Mystery Box 2:45 Patriotic Shakes 3:15 Somewhere inTime</p>	<p>9:30 Coffee &amp; News <b>2</b> 10:00 Exercise 10:30 Game 11:00 Helping Hands 1:00 Conductorcise 1:30 Name that Tune 2:30 Discovery Boxes 3:00 John on Guitar</p>	<p>9:15 Current Events <b>3</b> 9:45 Exercise Fun 10:15 Crafty Corner 11:00 Music 1:00 Bean Bag Throw 1:30 Slap Happy Drums 2:30 Travel/ Chile 3:15 Comedy Hour</p>	<p>9:00 News of the Day <b>4</b> 9:30 Exercise Fun 10:00 Leg./Meg Merkle 11:00 Setting Tables 1:00 Bowling 2:00 Baking 3:00 Family Social 4:00 Helping Hands</p>
<p>9:15 Coffee &amp; News <b>5</b> 9:45 Dancercise 10:30 Daily Devotional 10:45 Gospel Songs 1:15 Spa Time 2:15 Exercise 2:45 Massage/Mimosas 4:00 Sunday Stroll</p>	<p>9:30 Current Events <b>6</b> 9:45 Chair Stretches 10:15 Fun Facts/ PGA 11:00 Helping Hands 1:30 Reminiscing 2:00 Memories/ Making 3:15 Gooney Golf 3:45 Music Trivia</p>	<p>9:30 Coffee &amp; News <b>7</b> 10:00 Exercise Fun 10:30 Trudy on Piano 11:00 Helping Hands 1:00 Stretches 1:30 Legend/Barry Bond 2:00 Gardening 3:00 Matt on Piano</p>	<p>9:15 News of the Day <b>8</b> 9:30 Boarding Bus 10:00 Lone Pine Farm 11:00 Helping Hands 1:15 Strength &amp; Stretch 2:00 Mystery Box 2:45 Patriotic Shakes 3:15 Story Teller</p>	<p>9:30 Coffee &amp; News <b>9</b> 10:00 Exercise 10:30 Game 11:00 Helping Hands 1:00 Conductorcise 1:30 Name that Tune 2:30 Discovery Boxes 3:00 John on Piano</p>	<p>9:15 Current Events <b>10</b> 9:45 Exercise Fun 10:15 Crafty Corner 11:00 Music 1:00 Bean Bag Throw 1:30 Slap Happy Drums 2:30 Travel/ Belgium 3:15 Comedy Hour</p>	<p>9:00 News of the Day <b>11</b> 9:30 Exercise Fun 10:00 Art 11:00 Setting Tables 1:00 Bowling 2:00 Baking 3:00 Family Social 4:00 Helping Hands</p>
<p>9:15 Coffee &amp; News <b>12</b> 9:45 Dancercise 10:30 Daily Devotional 10:45 Gospel Songs 1:15 Spa Time 2:15 Exercise 3:00 Wildlife/Germany 4:00 Sunday Stroll</p>	<p>9:30 Current Events <b>13</b> 9:45 Chair Stretches 10:15 Poetry 11:00 Helping Hands 1:30 Reminiscing 2:00 Memories/ Making 3:15 Bowling 3:45 Music Trivia</p>	<p>9:30 Coffee &amp; News <b>14</b> 10:00 Exercise Fun 10:30 11:00 Helping Hands 1:00 Stretches 1:30 Nav. Code Talkers 2:00 Gardening 3:00 Matt on Piano</p>	<p>9:15 News of the Day <b>15</b> 9:30 Boarding Bus 10:00 Wildlife Safari 11:00 Helping Hands 1:15 Strength &amp; Stretch 2:00 Mystery Box 2:45 Patriotic Shakes 3:15 Story Teller</p>	<p>9:30 Coffee &amp; News <b>16</b> 10:00 Exercise 10:30 Game 11:00 Helping Hands 1:00 Conductorcise 1:30 Name that Tune 2:30 Discovery Boxes 3:00</p>	<p>9:15 Current Events <b>17</b> 9:45 Exercise Fun 10:15 Crafty Corner 11:00 Music 1:00 Bean Bag Throw 1:30 Slap Happy Drums 2:30 Travel/ Nepal 3:15 Comedy Hour</p>	<p>9:00 News of the Day <b>18</b> 9:30 Exercise Fun 10:00 Art 11:00 Setting Tables 1:00 Bowling 2:00 Baking 3:00 Family Social 4:00 Helping Hands</p>
<p>9:15 Coffee &amp; News <b>19</b> 9:45 Dancercise 10:30 Daily Devotional 10:45 Gospel Songs 1:15 Spa Time 2:15 Exercise 3:00 Wildlife/Finland 3:30 Happy Hour</p>	<p>9:30 Current Events <b>20</b> 9:45 Chair Stretches 10:15 Poetry 11:00 Helping Hands 1:30 Reminiscing 2:00 Memories/ Making 3:15 Bowling 3:45 Music Trivia</p>	<p>9:30 Coffee &amp; News <b>21</b> 10:00 Exercise Fun 10:30 Trudy on Piano 11:00 Helping Hands 1:00 Stretches 1:30 Sock Hop 2:30 Kenny Rogers 3:00 Matt on Piano</p>	<p>9:15 News of the Day <b>22</b> 9:30 Boarding Bus 10:00 Drive/ Monroe 11:00 Helping Hands 1:15 Strength &amp; Stretch 2:00 Mystery Box 2:45 Patriotic Shakes 3:15 Story Teller</p>	<p>9:30 Coffee &amp; News <b>23</b> 10:00 Exercise 10:30 Game 11:00 Helping Hands 1:00 Conductorcise 1:30 Name that Tune 2:30 Discovery Boxes 3:00</p>	<p>9:15 Current Events <b>24</b> 9:45 Exercise Fun 10:15 Crafty Corner 11:00 Music 1:00 Bean Bag Throw 1:30 Slap Happy Drums 2:30 Travel/ Greece 3:15 Comedy Hour</p>	<p>9:00 News of the Day <b>25</b> 9:30 Exercise Fun 10:00 Art 11:00 Setting Tables 1:00 Bowling 2:00 Baking 3:00 Family Social 4:00 Helping Hands</p>
<p>9:15 Coffee &amp; News <b>26</b> 9:45 Dancercise 10:30 Daily Devotional 10:45 Gospel Songs 1:15 Spa Time 2:15 Exercise 3:00 Wildlife/Egypt 4:00 Sunday Stroll</p>	<p>9:30 Current Events <b>27</b> 9:45 Chair Stretches 10:15 Poetry 11:00 Helping Hands 1:30 Reminiscing 2:00 Memories/ Making 3:15 Bowling 3:45 Music Trivia</p>	<p>9:30 Coffee &amp; News <b>28</b> 10:00 Exercise Fun 10:30 Trudy on Piano 11:00 Helping Hands 1:00 Stretches 1:30 Legend/ Equality 2:00 Gardening 3:00 Matt on Piano</p>	<p>9:15 Horoscopes <b>29</b> 9:30 News of the Day 10:00 Life in the 1950's 11:00 Helping Hands 1:15 Strength &amp; Stretch 2:00 Mystery Box 2:45 Patriotic Shakes 3:15 Story Teller</p>	<p>9:30 Coffee &amp; News <b>30</b> 10:00 Exercise 10:30 Game 11:00 Helping Hands 1:00 Conductorcise 1:30 Name that Tune 2:30 Discovery Boxes 3:00</p>	<p>9:15 Current Events <b>31</b> 9:45 Exercise Fun 10:15 Crafty Corner 11:00 Music 1:00 Bean Bag Throw 1:30 Slap Happy Drums 2:30 Travel/ Panama 3:15 Comedy Hour</p>	<p>Theme for August: "Somewhere in Time"</p>

Activities are subject to change.