

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Sheldon Park Illuminations

					Current Events 1 Exercise Fun Crafty Corner Comedy Hour 1:30 Slap Happy Drums Legend/ Gable Bowling Bonanza Pet Videos	News of the Day 2 Exercise Fun Art Studio Setting Tables Basket Ball Throw Snack Creation Memory Lane Noodle Hockey <small>Groundhog Day</small>
Dancercise 3 Daily Devotional Gospel Songs Spa Time 2:30 Family Social Crafts/Bird Feeders Super Bowl Funny Videos	Current Events 4 Strength Exercise Recipe Sharing Helping Hands Walk About 2:00 Memory Tones Horse Races Helping Hands	Coffee & News 5 Exercise Fun Basket Ball Helping Hands Ribbon Dancing 2:00 Reader's Theater 3:00 Matt on Piano Year of the Pig <small>Chinese New Year</small>	News of the Day 6 9:30 Boarding Bus 10:00 Drive/ Dexter Lake Helping Hands Strength & Stretch Baseball Trivia Mid Week Shakes Card Games	Coffee & News 7 Exercise Fun Name/ Decade Conductorcise Name 10 Snack-tivity 3:00 John on Guitar Entertainment/40's	Current Events 8 Exercise Fun Crafty Corner Famous Quotes 1:30 Slap Happy Drums Portland B-Day Basket Ball Bash Pet Videos	News of the Day 9 Exercise Fun Valentine Art Setting Tables Basket Ball Throw Pizza Pie Memory Lane Noodle Hockey
Dancercise 10 Daily Devotional Gospel Songs Spa Time 2:30 Family Social Acts of Kindness Sunday Stroll Funny Videos	Current Events 11 10:00 Strength Exercise Dog Show Helping Hands Walk About Peppermint Patties Horse Races Helping Hands	Coffee & News 12 Exercise Fun Basket Ball Helping Hands Ribbon Dancing Card Making 3:00 Matt on Piano Top 10 Tuesday	News of the Day 13 9:30 Boarding Bus 10:00 Drive/ Vida Helping Hands Strength & Stretch Paperclip Chain Mid Week Shakes Red Heart Hop	Coffee & News 14 Exercise Fun Name/ Decade Conductorcise Dipping S.Berries 2:00 Valentine's Social 3:00 John on Piano Entertainment/40's <small>Valentine's Day</small>	Current Events 15 Exercise Fun Crafty Corner Comedy Hour 1:30 Slap Happy Drums Passport/ Prague Beanbag Arcade Pet Videos	News of the Day 16 Exercise Fun Art Studio Setting Tables Basket Ball Throw Snack Creation Memory Lane Noodle Hockey
Dancercise 17 Daily Devotional Gospel Songs Spa Time 2:30 Family Social Story Starters Sunday Stroll Funny Videos	Current Events 18 Strength Exercise Recipe Sharing Helping Hands Walk About History/Presidents Horse Races Helping Hands <small>Presidents' Day (US)</small>	Coffee & News 19 Exercise Fun Basket Ball Helping Hands Ribbon Dancing Scrapbooking 3:00 Matt on Piano Top 10 Tuesday	News of the Day 20 9:30 Boarding Bus 10:00 Drive/Gimple Hill Helping Hands Strength & Stretch Badmitton Fun Mid Week Shakes Card Games	Coffee & News 21 Exercise Fun Name/ Decade Conductorcise Name 10 2:00 Sundae Buffet Kooky Karaoke Entertainment/40's	Current Events 22 Exercise Fun Crafty Corner Who Said It? 1:30 Slap Happy Drums Passport/ Madrid Gooney Golf Pet Videos	News of the Day 23 Exercise Fun Art Studio Setting Tables Basket Ball Throw Snack Creation Memory Lane Noodle Hockey
Dancercise 24 Daily Devotional Gospel Songs Spa Time 2:30 Family Social Story Starters Sunday Stroll Funny Videos	Current Events 25 Strength Exercise Recipe Sharing Helping Hands Walk About Legend/ Renoir Horse Races Helping Hands	Coffee & News 26 Exercise Fun Basket Ball Helping Hands Ribbon Dancing Card Making 3:00 Matt on Piano Top 10 Tuesday	News of the Day 27 9:30 Boarding Bus 10:00 Drive/Papa's Pizza Helping Hands Strength & Stretch Would U Rather? Mid Week Shakes Card Games	Coffee & News 28 Exercise Fun Name/ Decade Conductorcise Name 10 Snack-tivity Kooky Karaoke Entertainment/40's	<p><i>Family and friends are always welcome to join in any activities. Please let us know ahead if you would like to join in on any of our outings.</i></p>	

Activities are subject to change.