

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2019

Sheldon Park Illuminations

			News of the Day 1 9:30 Boarding Bus 10:00 Drive/ Papa's Pizza Fun Facts/ Strength & Stretch Mid-Week Milkshakes Gardening Fun 6:00 Lucky Paws Pets <small>May Day</small>	Coffee & News 2 Exercise Fun Puzzle mania Conductorcise Memories in the Making Snackivities 3:00 John on Guitar Down Memory Lane	Current Events 3 Exercise Fun Crafty Corner Helping Hands Comedy Hour 1:30 Slap Happy Drums Passport/ Siberia Beanbag Arcade	News of the Day 4 Exercise Fun Art Studio Setting Tables Basket Ball Throw Legend/ Star Wars Snack Creation Noodle Hockey
Coffee & News 5 Dancercise Daily Devotional Gospel Songs Spa Time 2:30 Family Social Margaritaville Sunday Stroll <small>Cinco de Mayo</small>	Current Events 6 Strength Exercise Stories for the Soul Rootbeer Floats 2:00 Memory Tones April Fool's Humor Bowling Laughing Babies <small>Ramadan</small>	Coffee & News 7 Exercise Fun Basket Ball Helping Hands Google Earth/Mt.Everest Flower Arranging Legend/ Gary Cooper 3:00 Matt on Piano	News of the Day 8 9:30 Boarding Bus 10:00 Drive/ Brownsville Fun Facts/ Strength & Stretch Mid-Week Milkshakes Gardening Fun 6:00 Lucky Paws Pets	Coffee & News 9 Exercise Fun Puzzle mania Conductorcise Memories in the Making Snackivities 3:00 John on Piano Down Memory Lane	Current Events 10 Exercise Fun Crafty Corner Helping Hands Comedy Hour 1:30 Slap Happy Drums Tea Party Parachute Fun	News of the Day 11 Exercise Fun Art Studio Setting Tables Basket Ball Throw Migratory Birds Snack Creation Let's Dance!
Coffee & News 12 Dancercise Daily Devotional Gospel Songs Spa Time 2:30 Mother's High Tea Mother Stories Sunday Stroll <small>Mother's Day</small>	Current Events 13 Strength Exercise Stories for the Soul Baking/ Brownies Finish the Phrase Arts & Crafts Bowling Laughing Babies	Coffee & News 14 Exercise Fun Basket Ball Helping Hands Ribbon Dancing Flower Arranging Chicken Dance 3:00 Matt on Piano	News of the Day 15 9:30 Boarding Bus 10:00 Drive/Hendricks Pk Fun Facts/ Strength & Stretch Mid-Week Milkshakes Flying the North West 6:00 Lucky Paws Pets	Coffee & News 16 Exercise Fun Puzzle mania Conductorcise Memories in the Making Snackivities Kooky Karaoke Down Memory Lane	Current Events 17 Exercise Fun Crafty Corner Helping Hands Comedy Hour 1:30 Slap Happy Drums Passport/ Galapagos IS. Beanbag Arcade	News of the Day 18 Exercise Fun Art Studio Setting Tables Basket Ball Throw Fun Facts/ Ky. Derby Snack Creation Volley Balloon <small>Armed Forces Day</small>
Coffee & News 19 Dancercise Daily Devotional Gospel Songs Spa Time 2:30 Family Social Malt Shop & Sock Hop Sunday Stroll	Current Events 20 Strength Exercise Stories for the Soul Apple Cobbler Arts & Crafts April Fool's Humor Bowling Laughing Babies <small>Victoria Day (Canada)</small>	Coffee & News 21 Exercise Fun Basket Ball Helping Hands Google Earth/Pike's Pk. Flower Arranging Senior PGA Golf 3:00 Matt on Piano	News of the Day 22 9:30 Boarding Bus 10:00 Drive/ Marcola Fun Facts/ Strength & Stretch Mid-Week Milkshakes Gardening Fun 6:00 Lucky Paws Pets	Coffee & News 23 Exercise Fun Puzzle mania Conductorcise Memories in the Making Snackivities Shake Lose A Memory Down Memory Lane	Current Events 24 Exercise Fun Crafty Corner Helping Hands Comedy Hour 1:30 Slap Happy Drums Top of the World Parachute Fun	News of the Day 25 Exercise Fun Art Studio Setting Tables Basket Ball Throw Ralph Waldo Emerson Snack Creation Let's Dance!
Coffee & News 26 Dancercise Daily Devotional Gospel Songs Spa Time 2:30 Family Social Family Bowling Sunday Stroll	Current Events 27 Strength Exercise Stories for the Soul Sherbet Floats Arts & Crafts April Fool's Humor Bowling Laughing Babies <small>Memorial Day</small>	Coffee & News 28 Exercise Fun Basket Ball Helping Hands Ribbon Dancing Flower Arranging Legend/ 3:00 Matt on Piano	News of the Day 29 9:30 Boarding Bus 10:00 Drive/Cottage Grove Lake Fun Facts/ Strength & Stretch Mid-Week Milkshakes Gardening Fun	Coffee & News 30 Exercise Fun Puzzle mania Conductorcise Memories in the Making Snackivities Kooky Karoke Down Memory Lane	Current Events 31 Exercise Fun Crafty Corner Helping Hands Comedy Hour 1:30 Slap Happy Drums Passport/ Chile Beanbag Arcade	<i>Family and friends are welcome to join us in all activities. We encourage all family and friends to join us for our Sunday Family Socials at 2:30 every Sunday!</i>

Activities are subject to change.