

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2019



STRIKE A CHORD

<p>9am- Sunday Worship 3 10am- Peach Blossom Art 1pm- Chair Yoga Class 2pm- Bingo! 330pm- Sunday Devotional National Peach Blossom Day</p>	<p>915am- Exercise Group 4 930am- Morning Walk 10am- First Baptist Church Service in Activity Room 10am- Current Event 1pm- Memory Magic 2pm- Bingo! 3pm- Ring Toss in Courtyard</p>	<p>915am-Exercise Group 5 930am- Morning Walk 10am- Book Club w/Sue 1pm- Catholic Mass w/ Rev. Trinh 1pm-Table Tennis 2pm- Bingo! 3pm- Mardi Gras Art</p>	<p>915am- Exercise w/ Trinity6 10am- Food Chat 1pm- Wind chime Craft 2pm- Bingo! 3pm- Resident Council 530pm- Bible Study Ash Wednesday</p>	<p>915am- Exercise Group 7 930am-Morning Walk 10am- Garden's Choir Practice 12pm- Better Hearing in Library 1pm- String Art 2pm-Bingo! 3pm- Riles Bible Study</p>	<p>915am- Exercise Group 8 945am- WALMART 10am- Music Therapy 1pm- Health Talk w/ Journaling 2pm- Bingo! 3pm- Happy Hour Social</p>	<p>915am- Exercise Group 9 10am- Jewelry Making 1pm- Giant Crossword 2pm- Bingo! 330pm- Flower Arranging Dress as your fav. Dr. Seuss Character</p>
<p>9am- Sunday Worship 10 10am- Chord Art 1pm- Shamrock Man Craft 2pm- Bingo! 330pm- Sunday Devotional 530pm- Sunday Matinee Featuring Helen Keller Daylight Saving Time Begins</p>	<p>915am- Exercise Group11 930am- Morning Walk 10am- Manicure Monday 1pm- Music/Aromatherapy 2pm- Bingo! 3pm- Shamrock Man Craft</p>	<p>915am- Exercise Group 12 930am- Morning Walk 10am- St. Paul Methodist Service in Activity Room 1pm-Catholic Mass w/ Rev. Trinh 1pm- Wood Crafting 2pm- Bingo! 3pm- Horseshoes in Courtyard</p>	<p>915am- Exercise w/ Trinity13 10am-Graceland Baptist Service 1045am- Lunch Outing 1230pm- Scenic Drive 2pm- Bingo! 3pm- Jewel Art 530pm- Bible Study National Jewel Art</p>	<p>915am- Exercise Group 14 930am- Morning Walk 10am- Garden's Choir Practice 1230pm- Blood Pressure Checks w/Encompass Health 1pm- Giant Crossword 2pm-Bingo! 3pm-All About Butterflies w/ Craft</p>	<p>915am- Exercise Group15 930am- Morning Walk 10am- Trivia 1pm- Leprechaun Art 2pm- Bingo! 3pm- Strike A Chord Social</p>	<p>915am- Exercise Group16 10am- Ceramics 1pm- Door Basketball 2pm- Bingo! 330pm- Flower Arranging</p>
<p>9am- Sunday Worship 17 945am- Vancleave Methodist Visitors 1pm- Chair Yoga Class 2pm- Bingo! 330pm- Sunday Devotional Wear Green Today! St. Patrick's Day</p>	<p>915am- Exercise Group18 930am- Morning Walk 10am- String Chord Art 1pm- Giant Crossword 2pm- Bingo! 3pm- Lucky Clover Craft 430pm- Happy Hour</p>	<p>915am- Exercise Group19 930am- Morning Walk 10am- Book Club w/ Sue 1pm-Catholic Mass w/ Rev. Trinh 1pm- Current Events 2pm- Bingo! 3pm- Tea Talk in Courtyard</p>	<p>915am- Exercise w/ Trinity20 10am- Canvas Art 1pm- The Legend Show 2pm- Bingo! 3pm- Garden Club Meets 530pm- Bible Study Spring Begins</p>	<p>915am- Exercise Group 21 930am- Morning Walk 10am- Garden's Choir Practice 1pm- Stencil Art 2pm-Bingo! 3pm- Brain Games 530pm- "Strike a Chord" Family Karaoke Night Purim</p>	<p>915am- Exercise Group22 945am- WALMART 10am- Music Therapy 1pm- Health Talk w/ Journaling 2pm- Bingo! 3pm- Irish Parade Social</p>	<p>915am- Exercise Group23 10am- Jewelry Making 1pm- Game Hour 2pm- Bingo! 330pm- Flower Arranging</p>
<p>9am- Sunday Worship 24 10am- Hyacinth Art 1pm- Trivia 2pm- Bingo! 330pm- Sunday Devotional 530pm- Sunday Matinee Featuring "Mozart"</p>	<p>915am- Exercise Group25 930am- Morning Walk 10am-Manicure Monday 1pm- Spa Hour 2pm- Bingo! 3pm- Wood Crafting</p>	<p>915am- Exercise Group 26 930am- Morning Walk 10am- Memory Magic 1pm- Catholic Mass w/ Rev. Trinh 1pm- You Be The Judge 2pm- Bingo! 3pm- Gardening Hour 530pm- Game Night</p>	<p>915am- Exercise w/ Trinity27 10am- Graceland Baptist Service 1230pm- Casino Outing 1pm-Irish Wood Craft 2pm- Bingo! 3pm- Representative Meeting 530pm- Bible Study</p>	<p>915am- Exercise Group28 10am- Garden's Choir Practice 1030-Wheel Wash/Bake Sale 1pm-Giant Crossword 2pm-Bingo! 3pm- Riles Bible Study</p>	<p>915am- Exercise Group29 930am- Take a Walk in the Park Outing 10am- Brain Games 1pm- Stencil Art 2pm- Bingo! 3pm- Spring Social</p>	<p>915am- Exercise Group30 10am- Ceramics 1pm- Door Basketball 2pm- Bingo! 330pm- Flower Arranging</p>

9am- Sunday Worship **31**
10am- Card Games
1pm- Chair Yoga Class
2pm- Bingo!
330pm- Sunday Devotional



Seven Dimensions of Wellness- This Month is Exercise. Grab a partner and be sure to join Activity department for morning walks, walk in the park, chair yoga, health chats.

