

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

## 'LIVING IN THE NEW'

	<b>HAPPY NEW YEAR!</b> 1 ROSE BOWL PARADE ON NBC HAPPY NEW YEAR BRUNCH & MIMOSA MENU 5PM ROSE BOWL GAME ON ESPN  <small>New Year's Day</small>	10:00 SENIORCISE 2 10:30 NEW YEAR WORD GAMES & LUCKY FOOD SOCIAL 1:00 BUTTERFLY MIGRATION DAY FILM 1:30 CROSSWORDS 2:30 CORN HOLE 3:30 BUTTERFLY CRAFT	9:30 ALASKA DAYBRAIN 3 GAMES 10:30 SENIORCISE 11:00 GAMES W/NMES STUDENTS 1:30 ALASKA TRAVELS 2:00 BINGO 3:00 CHAIR YOGA 4:00 TEA SOCIAL	10:00 7 DIMENSIONS OF WELLNESS SOCIAL 4 10:30 SENIORCISE 11:00 A GRIMM DAY WORD GAME 1:00 MOVIE MATINEE 1:30 TRIP OUT/DRIVE 1:30 NEW YEAR CRAFT 3:00 MUSIC W/DUKE	<b>HAPPY SATURDAY!</b> 5 COFFEE SOCIAL PUZZLE CHALLENGE MOVIE MATINEE	
<b>1:30 AFTERNOONS WITH ELIZABETH</b> 6  2:00 CRAFTS & MUSIC W/ST MARY'S YOUTH GROUP	9:30 SENIORCISE 7 10:00 CURRENT EVENTS WORD GAME 11:30 MORNING MOMENT OF MEDITATION 1:30 MOVE TO MUSIC 2:00 MOVIE MATINEE 3:00 BINGO 4:30 COFFEE SOCIAL	<b>ELVIS MOVIE MARATHON</b> 8 9:30 MANICURES 11:00 SENIORCISE 11:30LAW ENFORCEMENT APPRECIATION LUNCH 1:00 TRIP OUT/RITE AID 2:00 HEALTHY SNACKING 3:00 HAPPY NEW YEAR BOWLING	9:30 WEDNESDAY WORD 9 10:00 SENIORCISE 10:30 CONNECTICUT DAY WORD GAME 1:30 CROSSWORDS 2:30 MUSIC W/ GARY SREDZIENSKI 3:30 NEW ENGLAND TRAVELOGUE	9:30 BRAIN GAMES 10 10:30 SENIORCISE 11:00 GAMES W/NMES STUDENTS 1:30 MOVIE MATINEE 2:00 BINGO 3:00 CHAIR YOGA 4:00 TEA SOCIAL 6:00 STORY TIME	10:00 CURRENT EVENTS 11 WORD GAME 11:00 SENIORCISE 1:00 MOVIE MATINEE 1:30 FRIENDSHIP BREAD PROJECT/ FRIENDSHIP PHOTOS &SOCIAL 3:30 COLORING CIRCLE 6:00 GAMES W/ SUE	<b>HAPPY SATURDAY!</b> 12 COFFEE SOCIAL PUZZLE CHALLENGE MOVIE MATINEE
<b>1:30 AFTERNOONS WITH ELIZABETH</b> 13	9:30 SENIORCISE 14 10:00 CURRENT EVENTS WORD GAME 11:30 MORNING MOMENT OF MEDITATION 1:30 MOVE TO MUSIC 2:00 MOVIE MATINEE 3:00 BINGO 4:30 COFFEE SOCIAL	9:30 MANICURES 15 11:00 SENIORCISE 1:30 AN AFTERNOON WITH MARTIN LUTHER KING/ FILM, FACTS, FOOD & TRIVIA CHALLENGE 2:00 TRIP OUT/ DRIVE 6:00 MLK FEATURE FILM/ SELMA	9:30 WEDNESDAY WORD 16 10:00 SENIORCISE 10:30 POPCORN WORD GAMES 1:00 CROSSWORDS 1:30 JUST POPPIN' DAY ART CIRCLE & POPCORN SOCIAL 3:00 PUZZLE CHALLENGE	9:30 BENJAMIN FRANKLIN 17 BRAIN GAME 10:30 SENIORCISE 11:00 GAMES W/NMES STUDENTS 1:30 MOVIE MATINEE 2:00 BINGO 3:00 CHAIR YOGA 6:00 PUZZLE CHALLENGE	10:00 CURRENT EVENTS 18 WORD GAME 11:00 SENIORCISE 1:00 LEGENDS/ CARY GRANT/OPERATION PETTICOAT 1:30 TRIP OUT/BOWLING 3:00 HAPPY HOUR W/ APRIL	<b>HAPPY SATURDAY!</b> 19 COFFEE SOCIAL PUZZLE CHALLENGE MOVIE MATINEE
<b>1:30 AFTERNOONS WITH ELIZABETH</b> 20	9:30 SENIORCISE 21 10:00 DR SEUSS WEEK WORD GAME & TRIVIA 11:30 MORNING MOMENT OF MEDITATION 1:30 MOVE TO MUSIC 2:00 NATIONAL BOOK WEEK BOOKMARK CRAFT 3:00 BINGO <small>Martin Luther King Day B'Shevat</small>	9:30 MANICURES 22 11:00 SENIORCISE 1:30 DR SEUSS STORIES & COLORING CIRCLE 2:30 MUSIC W/ RON CHASE 3:30 DR SEUSS/ HORTON HEARS A WHO 6:00 GAMES W/SUE	9:30 WEDNESDAY WORD 23 10:00 SENIORCISE 10:30 20 <sup>TH</sup> AMMENDMENT WORD GAMES 1:00 CROSSWORDS 2:00 CONSTITUTION TRIVIA 3:00 FEATURE FILM/ 1776 6:00 USA CRAFT	9:30 BRAIN GAMES 24 10:30 SENIORCISE 11:00 GAMES W/NMES STUDENTS 1:30 MOVIE MATINEE 2:00 BINGO 3:00 CHAIR YOGA 4:00 TEA SOCIAL 6:00 STORY TIME	10:00 CURRENT EVENTS 25 WORD GAME 11:00 SENIORCISE 1:00 MOVIE MATINEE 1:30 TRIP OUT/ DRIVE 2:30 NATIONAL BOOK WK BOOKMARK CRAFT 4:00 PUZZLE CHALLENGE 6:00 GAMES W/ SUE	<b>HAPPY SATURDAY!</b> 26 COFFEE SOCIAL PUZZLE CHALLENGE MOVIE MATINEE
<b>1:30 AFTERNOONS WITH ELIZABETH</b> 27  The Pro Bowl/ National Football League's all-star game/ televised nationally by ESPN & simulcast on ABC	9:30 SENIORCISE 28 10:00 AUSTRALIA DAY WORD GAME 11:30 MORNING MOMENT OF MEDITATION 1:00 MOVE TO MUSIC 1:30 ARMCHAIR TRAVELS/AUSTRALIA 3:00 BINGO <small>Australia Day (observed)</small>	9:30 MANICURES 29 11:00 SENIORCISE 1:00 NATIONAL PUZZLE DAY PUZZLE CHALLENGE 1:30 TRIP OUT/ ART WALK 2:30 SEWING CIRCLE W/ BECKY 4:00 COFFEE SOCIAL 6:00 STORY TIME	9:30 WEDNESDAY WORD 30 10:00 SENIORCISE 10:30 LONE RANGER WORD GAMES 1:00 CROSSWORDS 1:30 FEATURE FILM/ THE LONE RANGER 2:00 RESIDENT COUNCIL 3:00 SOUP SOCIAL	9:30 BRAIN GAMES 31 10:30 SENIORCISE 11:00 GAMES W/NMES STUDENTS 1:30 MOVIE MATINEE 2:00 BINGO 3:00 CHAIR YOGA 4:00 TEA SOCIAL 6:00 PUZZLE CHALLENGE	<b>SO THE FIRST MONTH OF THE YEAR, LIKE ITS NAMESAKE, LOOKS BACK OVER THE PAST, AND FORWARD TO THE FUTURE, WITH HOPE AND GOOD RESOLUTIONS.</b>  ~ ANONYMOUS	