



Dear Families:

Celebrate winter solstice, Fall into Winter Month, Yuletide Month, Hanukkah, Kwanzaa, and much more. "Yule" just love December!

The highlighted "adventure" for December will be a play at the Stage Coach Theatre, entitled "A Nice Family Christmas". We will also take an evening scenic bus ride to look at many of the beautiful Christmas light displays throughout the Treasure Valley.

Once again, the Willow Park December celebration will be our **Willow Wonderland Open House on Friday, December 14th from 4:00 pm to 7:30 pm**. There will be food and drink through out the building. You are welcome to escort your loved one through out the building to enjoy the food, entertainment and festivities. Memory Care will also have food and minimal entertainment as our desire is to have a place in the building where there is less stimulation for residents that may find the celebration overwhelming.

The caregiver's dementia support group will be meeting on Thursday, December 13th and December 27th from 6:00 – 7:30 PM. This is an open group sponsored by the Alzheimer's Association. The Alzheimer's Association Caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health, as well as optimally care for the person with dementia.

Merry Christmas and a Happy New Year,
Linda Arends
Illuminations Program Director

