

February 2019



Dear Families:

Celebrate Folktales, Fables & Fantasies Month, "Once Upon a Time" Day, Tooth Fairy Day, Valentine's Day, Chinese New Year, Groundhog Day, and much more. February really is an enchanting month.

There will be two meal celebrations in February. The first one will be a Chinese New Year lunch on Tuesday, February 5th from 11-1 PM. The second will be a Valentine's Day dinner on Thursday, February 14th from 4 – 6 PM. Please purchase your meal tickets at the Front Desk if your desire to share these meals with your loved one.

The highlighted "adventure" will be a trip to Smallcakes. Smallcakes was founded by Jeff Martin, who appeared on Cupcake Wars for several seasons. His vision was to create delicious cupcakes in 15 glorious flavors, every day, from scratch. Their catchy slogan "Maybe a Cupcake Will Help?" is also their mission.

The caregiver's dementia support group will be meeting on Thursday, February 14th and 28nd from 6:00 – 7:30 PM in the game room. This is an open group sponsored by the Alzheimer's Association. The Alzheimer's Association Caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health, as well as optimally care for the person with dementia.

Kind Regards,

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