



Dear Families:

We're Hitting the Road in May! Enjoy the ride as we celebrate Travel and Tourism Week, Transportation Week, the Indy 500, the many May holidays, and so much more.

We will have two highlighted adventures for Illuminations in May. The first will be to the Morrison Center for the Saturday Matinee on May 11th to see "Thoroughly Modern Millie". This production is sponsored by Boise Music Week. Our second "adventure" will be the Historical Boise Trolley Tour on Monday, May 20th.

We will have several meal celebrations in May. Please review the activity calendar for these events. For the **Mother's Day Brunch on Saturday, May 11th from 10:00 AM to 1:00 PM we need RSVP through the front desk so that we may prepare adequate family seating with your loved one.**

The caregiver's dementia support group will be meeting on Thursday, May 9th and 23rd from 6:00 – 7:30 PM in the game room. This is an open group sponsored by the Alzheimer's Association. The Alzheimer's Association Caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health, as well as optimally care for the person with dementia.

Kind Regards,
Linda Arends
Illuminations Memory Care Program Director