



Dear Families:

We are soaring to new heights this November as we celebrate Aviation History Month, the anniversary of the first hot-air balloon ride, Veterans and Remembrance Day, Thanksgiving, and much more.

The Walk to End Alzheimer's was a huge success last month. The **Willow Park team raised \$2280!** Thanks to all the staff, families and friends that supported this cause and brought awareness for prevention, treatment and ultimately a cure for Alzheimer's disease.

The November celebration will be the **Thanksgiving Buffet on Saturday, November 17th** from 11:00 am to 1:00 pm. **Please RSVP with the Front Desk by Wednesday, 11/14 with number of guests and the time your desire to share this meal with your loved one to ensure we have adequate seating.**

Our adventure of the month will be to the Boise Centre on the Grove for the 2018 Festival of Trees on Wednesday, November 21st – Senior Day.

The caregiver's dementia support group will be meeting only once on Thursday, November 8th from 6:00 – 7:30 PM in the game room due to Thanksgiving holiday falling on the fourth Thursday. This is an open group sponsored by the Alzheimer's Association. The Alzheimer's Association Caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health, as well as optimally care for the person with dementia.

Kind Regards,
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