



Dear Families:

During September, we celebrate Labor Day, Grandparents Day, and Patriot's Day. It is also the beginning of the autumn season

Our highlighted "adventure" in September, will be a guided tour to the Schick-Ostolasa Farmstead. This is a historic site listed in the National Register of Historic Places for its regional significance as an outstanding example of early homesteading in Idaho, and 19<sup>th</sup> & 20<sup>th</sup> century agriculture in the West.

The monthly meal celebration will be a Grandparents Day lunch from 11:00 AM to 1:00 PM. Please RSVP with the Front Desk if you desire to join your loved one for this event.

Save the date for the **"2019 Walk to End Alzheimer's ", on Saturday, October 5th** from 10:00 am to Noon at Julius M Kleiner Memorial Park, Meridian, Idaho 83646. We hope you will consider joining the Willow Park team and together we will walk to raise awareness and funds to fight Alzheimer's disease. Your support is used to advance Alzheimer's care, services, programs and research.

Willow Park has numerous fund-raising opportunities that we encourage you to participate in. One such opportunity will be a silent Art Auction that will begin on Friday, September 13<sup>th</sup> and culminate on September 20<sup>th</sup>. On Monday evening, September 16<sup>th</sup> there will be a "Paint & Sip" art class where your ticket purchase includes wine and marking an art project. We will also have themed baskets that will be raffled off. The tickets for the raffle will be \$1 each. The themed baskets will be: BSU, Family and Date Night.

The caregiver's dementia support group will be meeting on Thursday, September 12th and 26th from 6:00 – 7:30 PM in the game room. This is an open group sponsored by the Alzheimer's Association. The Alzheimer's Association Caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop coping methods and encourage caregivers to maintain their personal, physical and emotional health, as well as optimally care for the person with dementia.

Kind Regards,  
Linda Arends  
Memory Care Activity Director